For your safety and continued enjoyment of this product, always read the instruction book carefully before using.
IMPORTANT UNPACKING INSTRUCTIONS

This package contains a Cuisinart® Pro Plus™ Food Processor and the standard parts for it: metal chopping blade, slicing disc, shredding disc, ejector disc, adapter stem, chute attachment, juicer attachment, 3 juicing cones, spatula, and recipe and instruction book.

CAUTION: THE CUTTING TOOLS HAVE VERY SHARP EDGES. To avoid injury when unpacking the parts, please follow these instructions.

1. Remove the instruction book and other printed material.
2. You will see a corrugated insert containing the cover with feed tube and pusher, chute attachment, juicer attachment, juicing cones and spatula. Remove the cardboard box using the finger holes provided for easy removal and place on a table or other work space. Carefully open and remove contents.
3. You will now see another corrugated insert, which contains the slicing and shredding discs. HANDLE DISCS WITH GREAT CAUTION. THEIR CUTTING BLADES ARE RAZOR SHARP. Carefully open and remove contents. Grasp discs by the rim only and carefully place on work surface.
4. The motor base, work bowl, blade assembly, adapter stem and ejector disc remain in the box. Remove white ejector disc, then remove adapter stem from top of work bowl.
5. The motor base and work bowl with metal blade are packed in a foam block. The base, work bowl and metal blade are covered with a polybag. Please note the metal blade is loose in the work bowl beneath the polybag. Do not turn over work bowl without removing the polybag and the metal blade.
6. Remove the base and work bowl together by grasping the plastic bowl at the top with both hands and lifting the bowl straight up. Do not rotate the bowl clockwise on the base. This will cause the bowl to separate from the base.
7. Place the food processor on a counter or table. Remove the polybag. Read the instructions thoroughly before assembling and using the processor.
8. Save the shipping carton and the foam and cardboard inserts. You may want to use them at a later date.

NOTE: Remember to return your completed warranty card with all information carefully filled out.

WHEN REMOVING BLADE: CAREFULLY REMOVE THE METAL BLADE BY GRASPING THE CENTER HUB AND LIFTING IT STRAIGHT UP. NEVER TOUCH THE BLADES, AS THEY ARE RAZOR SHARP.

NOTICE
This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit only one way in a polarized outlet. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.

LPP Capacities:
The following can be prepared in a single batch using the 3-cup work bowl. Using the chute attachment for slicing and shredding will allow you to do unlimited amounts.

<table>
<thead>
<tr>
<th>Food</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sliced or shredded Cheeses, Fruits or Vegetables</td>
<td>3 cups using work bowl, unlimited using chute attachment</td>
</tr>
<tr>
<td>Chopped Fruits and Vegetables</td>
<td>For best chopping results, chop 1 cup at a time</td>
</tr>
<tr>
<td>Puréed Fruits and Vegetables, Cooked Legumes</td>
<td>3 cups thick puree</td>
</tr>
<tr>
<td>Chopped Raw or Cooked Meats, Poultry or Seafood</td>
<td>up to 1/2 pound at a time</td>
</tr>
<tr>
<td>Thin Liquid</td>
<td>1-1/2 cups</td>
</tr>
<tr>
<td>Thick Liquid</td>
<td>2 cups</td>
</tr>
<tr>
<td>Bread/Pizza Dough (may use up to 3/4 cup whole grain flour in recipe)</td>
<td>1-1/2 cups flour in recipe yielding a scant 1 pound of dough</td>
</tr>
<tr>
<td>Cake batter</td>
<td>3/4 pound to yield one 8-inch layer or 6 cupcakes</td>
</tr>
<tr>
<td>Cookie dough</td>
<td>about 1 pound (12 – 24 cookies)</td>
</tr>
<tr>
<td>Cream for Whipping</td>
<td>1 cup to yield 1-1/4 cups whipped cream</td>
</tr>
<tr>
<td>Nuts for Nut Butters</td>
<td>1-1/2 cups to yield approximately 3/4 cups</td>
</tr>
</tbody>
</table>
INTRODUCTION

Congratulations on your purchase of the Cuisinart® Pro Plus™ Food Processor/Juicer. This product is the ultimate food preparation tool, and it comes from the originator of the American food processor, Cuisinart.

The Pro Plus™ handles a variety of food prep tasks including chopping, mixing, slicing, shredding and kneading. With the Continuous Feed Chute you can slice or shred unlimited amounts of ingredients. It also features a Citrus Juicer Attachment with three sizes of juicing cones so you can begin each day with freshly squeezed juice.

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Important Safeguards

To reduce risk of injury, always follow these safety precautions when using this appliance.

Getting Ready

1. Read all instructions.
2. Blades are sharp. Handle them carefully.
3. Always unplug from outlet when not in use, before putting on or taking off parts, and before cleaning. To unplug, grasp plug and pull from electrical outlet. Never pull cord.
4. Do not use outdoors.
5. Do not let cord hang over edge of table or counter, or touch hot surfaces.
6. Do not operate any appliance with damaged cord or plug, or after appliance has been dropped or damaged in any way. Return appliance to nearest authorized facility for examination repair for electrical or mechanical adjustment.

SAVE THESE INSTRUCTIONS

FOR HOUSEHOLD USE ONLY

Operation

1. Keep hands as well as spatulas and other utensils away from moving blades or discs while processing food, to prevent possibility of severe personal injury or damage to food processor. A plastic spatula may be used, but only when motor is stopped.
2. Avoid contact with moving parts. Never push food down by hand when slicing or shredding. Always use pusher, or injury may occur.
3. Make sure motor has completely stopped before removing cover. If machine does not stop within 2 seconds, when you turn cover, call 1-800-726-0190 for assistance. Do not use machine.
4. Never store any blade or disc on motor shaft. To reduce the risk of injury, no blade or disc should be placed on motor shaft except when the bowl is properly locked in place and the food processor is in use. Store blades and discs as you would sharp knives, out of reach of children.
5. Be sure cover is securely locked in place before operating food processor.
6. Do not try to override or tamper with cover interlock mechanism. Injury may result.

Cleaning

To protect against electrical shock, do not put base in water or other liquid. If base falls in water, unplug immediately. DO NOT REACH INTO WATER.

General

1. Close supervision is necessary when any appliance is used by or near children. Do not allow children to use this appliance.
2. Do not operate this, or any other, motor-driven appliance while under the influence of alcohol or other substances that affect your reaction time or perception.
3. This food processor is UL listed for household use. Use it only for food preparation as described in this book.
4. The use of attachments not recommended or sold by Cuisinart may cause fire, electrical shock or personal injury, or damage to your food processor.
5. Maximum rating of 5 Amperes is based on attachment that draws greatest current. Other recommended attachments may draw significantly less current.
THE MACHINE INCLUDES

1. Motor Base with motor shaft and 3-position control switch
2. 3-cup Work Bowl made of durable shatter-resistant Lexan™ plastic.
3. Work Bowl Cover with feed tube.
4. Pusher that slides inside the feed tube.
5. Continuous Feed Chute for slicing and shredding unlimited amounts of ingredients.
6. Juicer Attachment with 3 sizes of juicing cones.
7. Stainless Steel Chopping/Mixing Blade
8. Medium Shredding Disc
9. 2mm Slicing Disc
10. Ejector Disc directs sliced or shredded ingredients through feed chute attachment.
11. Adapter Stem
12. Spatula

ASSEMBLY INSTRUCTIONS

Read all instructions on these two pages before you start. Check that your household voltage matches that shown on label on bottom of food processor base.

Note: Before using the Pro Plus™ for the first time, wash all parts except base in hot, soapy water. Rinse and dry thoroughly. Handle metal blade and slicing disc or shredding disc with great care. Their blades are razor-sharp. Do not leave them in soapy water, where they may disappear from sight. Never immerse base in water or any liquid.

1. Put base on counter or table near electrical outlet. Do not plug in until food processor is totally assembled.
2. Pick up empty clear work bowl, holding it in both hands, with handle toward you. Put bowl on base, fitting center tube over shaft on base and placing handle slightly to left of front center (7 o'clock.) Hold bowl by handle and turn bowl counter-clockwise as far as it will go. It will click into locked position.
3. Pick up metal blade by center plastic part. Never touch metal cutting blades, which are razor sharp.
4. Put cover on bowl, with feed tube at back, slightly to right of center.
5. With hand on feed tube, turn cover counterclockwise to lock it into place. It will click into position easily. Do not force it.
6. Hold pusher with more rounded side toward you and insert it in feed tube. Always use pusher to guide food through feed tube. Never use your fingers or spatula.
7. Plug your Cuisinart® Pro Plus™ into a household electrical outlet. To remove cover, unlock it by turning it clockwise, then lift it straight up.

THE MACHINE FUNCTIONS

Control switch on base of machine has 3 positions, giving you fingertip control of operation.

ON (Continuous)
For continuous operation, move control switch up to ON position. Motor will start, if you have followed assembly instructions.

OFF
To turn motor off, move control switch down to OFF position in center.

PULSE
For on-off operation, called pulse-chopping or pulsing, press control switch down to PULSE position, then release it. Motor runs as long as you hold control switch down. Motor stops when you release control switch. Try it a few times.

You control duration and frequency of pulses by length of time you hold control switch down and rate at which you press it. Allow enough time between pulses to let food in work bowl fall to bottom. Always use switch for pulse/chopping. Never turn cover back and forth to start and stop processor.

OPERATING INSTRUCTIONS

You may want to practice before actually using the Pro Plus™ to prepare food for a meal. Try soft fruit or vegetables like an apple or zucchini.

Chopping, Pureeing, Mixing
1. Remove cover and put some food into work bowl. First, cut food into 1/4-inch (2cm) pieces. You will get a more even chop if you start with pieces that are all the same size.
Put pieces into work bowl with metal blade in place. You can put in up to 1 cup of food at a time. If you want to process more, do it in batches.

2. Put on cover and lock it. Insert pusher. Press control switch down to PULSE position, then release it. Repeat two or three times. Each time blade stops, let food pieces drop to bottom of bowl before pulsing again. This ensures that the blade will chop them at every pulse.

Watch what happens to food. With pulse/chopping technique, you can get an even chop without danger of overprocessing. Check texture by looking through work bowl. Be careful not to overprocess.

For a coarse chop, pulse only a few times.

3. If you want a finer chop or puree, move control switch up to ON and let machine run continuous-ly until food is chopped as fine as you want it. Check frequently through clear cover or bowl to avoid chopping too fine.

Onions and other food with a high water content turn into a smooth puree very quickly. Do not over-chop — look at food frequently through work bowl.

To puree, follow same procedure as for chopping, but let machine run until food is a smooth puree.

New users are often surprised at how fast the processor works. You will quickly get used to its great speed.

These are some conditions that affect your results:

- size of pieces you put in bowl — all should be about the same
- amount of food you process — doesn’t add too much at a time
- type of processing you choose — continuous or pulse/chopping

Adding Food While Processing

When you want to add liq-uid while machine is run-ning, pour it through open feed tube. This is especially useful when making mayonnaise, bread dough, cakes and many other recipes. A small hole in the pusher allows you to add liquids in a very slow, steady stream — useful when making sauces like mayonnaise.

When you want to add small pieces of food like cheese, meat or garlic cloves while machine is running, drop them through open feed tube.

To prevent spills when adding flour, sugar and other dry ingredients, use a funnel.

Removing Processed Food

Before removing processed food, move control switch to OFF and wait for blade to stop spinning. Then remove cover by turning it clockwise. Never try to remove cover and work bowl together; this can damage work bowl.

If blade continues to turn when control switch is OFF, unplug machine before removing cover. Do not use machine any further. Call 1-800-726-0190 immediately for assistance.

After processing liquids, remove work bowl from base of processor before removing metal blade. Turn handle of bowl clockwise to unlock bowl from base and lift bowl straight up.

A locking device on metal blade prevents it from mov-ing up on motor shaft while machine is in use. If blade holds bowl locked, jiggle white center section of blade lightly. It should release.

It is important not to let metal blade fall out of work bowl as you empty it. Here are three ways to prevent it from falling out:

1. Before tilting bowl, use spatula to remove food from around blade. Carefully remove blade by finger grip on top of center plastic part.
2. Hold top of blade in place with finger or spat-ula while pouring out processed food.
3. Make sure your hands are dry. Insert finger through hole in under-side of bowl and place thumb on rim of bowl. Grip inside of blade shaft firmly to hold blade in place.

Slicing And Shredding Less Than 3 Cups Of Food

1. Assemble clear work bowl on base in usual way.
2. Pick up adapter stem. Note that round base is notched at one end. Center section is hexagonal (six-sided) and top section is flat on both sides.
3. Hold stem firmly by flat top and push it down as far as it will go on motor shaft.
4. Hold slicing or shredding disc with its longer collar down (the side that reads "THIS SIDE DOWN"). Always han-dle slicing or shredding discs by rims. Never touch sharp cutting blades.
5. Insert pusher and push it down until its center collar is flush with hexagonal section of stem.
6. Remove slicing or shredding disc with its longer collar down (the side that reads "THIS SIDE DOWN"). Always han-dle slicing or shredding discs by rims. Never touch sharp cutting blades.
7. Put cover on work bowl and turn it counterclock-wise to lock it into place.

Put receptacle for processed food on counter under chute. You can use bowls or saucepans. Those with high (up to 6 inches, 21cm) straight sides work best.

6. Put food in feed tube. Remember to cut one end of food flat if you are slicing, and to insert in feed tube flat side down.

Insert pusher and push down on it with one hand while holding control switch in PULSE position with other hand. Ejector disc will direct food through chute into recep-tacle. Total amount of...
Food Prep Guide

Your Cuisinart® Pro Plus™ makes many everyday food preparation tasks much easier and faster. Use these guidelines to get the best food results. For larger amounts (more than 3 cups processed) when slicing and shredding, use the chute attachment.

<table>
<thead>
<tr>
<th>Food</th>
<th>Blade</th>
<th>Preparation/Method</th>
<th>Results/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bread</td>
<td>Metal Blade</td>
<td>Break or cut into 1-inch or smaller pieces. Pulse to chop, then process until crumbs are desired texture</td>
<td>Crumbs for flange toppings/croutons. For buttered bread crumbs, butter bread first or add melted or softened butter through feed tube while processing. For Herbs bread crumbs, chop herbs first.</td>
</tr>
<tr>
<td>Butter or Cream Cheese</td>
<td>Metal Blade</td>
<td>Chop garlic, herbs or zest finely. Cut butter/cheese into tablespoon size pieces. Process until smooth, add liquids last if using.</td>
<td>Smooth-creamy flavored butter or cheese spreads.</td>
</tr>
<tr>
<td>Cheese, Flavored Cheese Dips</td>
<td>Metal Blade</td>
<td>Remove hard rind, cut into 3/4-inch or smaller cubes. With machine running drop through feed tube and process “grated” to desired texture.</td>
<td>“Grated” hard cheese, texture from coarse to fine. Process longer for finer texture.</td>
</tr>
<tr>
<td>Cheese, Hard – Asiago, Mozzarella, Parmesan, Romano</td>
<td>Metal Blade</td>
<td>Have cheese at room temperature. Remove hard rind. Stand pieces in feed tube – use light pressure to slice.</td>
<td>Hard cheese should not be shredded – use chopping technique for results similar to grated/shredded cheeses.</td>
</tr>
<tr>
<td>Citrus Peel</td>
<td>Metal Blade</td>
<td>Remove zest from fresh, washed &amp; dried citrus using vegetable peeler leaving bitter white pith on fruit. Cut in 1-inch pieces. Pulse to chop then process until zest is desired texture.</td>
<td>Chopped citrus zest. For best chop, add sugar or salt from recipe when processing.</td>
</tr>
<tr>
<td>Fruits, Raw</td>
<td>Metal Blade</td>
<td>Peel, core, remove pits and seeds. Cut into 3/4-inch pieces. Pulse to chop, then process to desired texture. For fruit or berry purées, process until smooth, adding sugar as needed.</td>
<td>Excellent, quick topping for desserts or hot beverages. For sweetened cream, add sugar after about 30 seconds. Volume will not be as great as with a mixer.</td>
</tr>
<tr>
<td>Cookies (Hard/Crisp) or Crackers</td>
<td>Metal Blade</td>
<td>Cut or break into 1-inch or smaller pieces. Pulse to chop then process until crumbs reach desired texture.</td>
<td>May be used as crumb toppings or for crumb crusts. Add softened or melted butter, sugar, spices as needed.</td>
</tr>
<tr>
<td>Cream – Heavy, Whipping</td>
<td>Metal Blade</td>
<td>Process up to 1 cup chilled cream until it reached desired thickness.</td>
<td>Smooth purées suitable for side dishes or baby food. Always consult your pediatrician/family physician concerning the best foods for your baby and when to introduce new foods to his/her diet. Prepare in single serving amounts or in amounts up to 1-1/2 cups, which may be refrigerated or frozen for later use. Cooked purées should not be processed using metal blade – the result will be a “gloppy” texture. Cooked purées may be shredded using the shredding disc (use Potatoes).</td>
</tr>
<tr>
<td>Meat, Poultry – Uncooked</td>
<td>Metal Blade</td>
<td>Cut into 3/4-inch cubes, chill. Process up to 8 ounces at one time. Use pulse to chop to desired texture. Trim visible fat from meat. Remove and discard skin from poultry. Cut meat to fit feed tube. Wrap in plastic wrap and freeze on a baking sheet until firm but not frozen solid. Use firm pressure to slice.</td>
<td>Do not overprocess unless purée is desired. Can be used for burgers, chilis, meatloaf, patés, terrines, etc.</td>
</tr>
<tr>
<td>Meat, Poultry – Cooked</td>
<td>Metal Blade</td>
<td>Follow favorite 1-egg recipe, adding oil through drip hole in pusher.</td>
<td>Raw egg mayonnaise not recommended. Use pasteurized liquid egg products or substitutes. Follow proper food safety procedures.</td>
</tr>
<tr>
<td>Fruits, Vegetables</td>
<td>Metal Blade</td>
<td>Steam, poach or boil fruits or vegetables cut in 1-inch or smaller pieces until tender. Process up to 1-1/2 cups at a time, adding cooking liquid (water, stock, broth or milk) as needed for desired texture. Season as needed.</td>
<td>Smooth purées suitable for side dishes or baby food. Always consult your pediatrician/family physician concerning the best foods for your baby and when to introduce new foods to his/her diet. Prepare in single serving amounts or in amounts up to 1-1/2 cups, which may be refrigerated or frozen for later use. Cooked purées should not be processed using metal blade – the result will be a “gloppy” texture. Cooked purées may be shredded using the shredding disc (use Potatoes).</td>
</tr>
</tbody>
</table>
GUIDELINES FOR
PERFECT SLICES AND
CONSISTENTLY UNIFORM SHREDS

1. Choose food with care. Fruits and vegetables should be fresh, firm and not overripe.
2. Prepare food first. Always remove large hard pits and seeds. When slicing, cut one end flat and place in feed tube cut side down.
3. Pack feed tube carefully. Food should fit snugly but not so tight that it prevents pusher from moving. (Bottom of feed tube is slightly larger than top. If food is too big for top, try inserting from bottom.)
4. Pack feed tube for desired results. For small, round slices or short shreds from carrots, zucchini and other long vegetables, cut them in 4-inch (10cm) lengths, pack them tightly upright. For long slices or shreds, cut them in 2-inch (5cm) lengths.
5. Adjust pusher pressure to food texture. Never push down hard on pusher.

Using the Juicer Attachment

The Citrus Juicer Attachment includes: Strainer Basket, which locks into processor work bowl. It has grooved cam on one side and smooth locking device on opposite side. In its center is the Jucier Stem Adapter, which fits over motor shaft of Pro Plus™.

<table>
<thead>
<tr>
<th>Food</th>
<th>Blade</th>
<th>Preparation/Method</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Meats, Poultry-Cooked</td>
<td>Metal Blade</td>
<td>Cut meat into 3/4-inch or smaller cubes/pieces. Pulse to chop to desired texture. Process up to 8 ounces at a time.</td>
<td>Chopped meats can be used for salads or spreads. For baby/Juicer Foods, add broth or other liquid as needed. Always consult with your pediatrician/family physician concerning baby food. Change this-bowl foods for your baby and when to introduce new foods to his/her diet.</td>
</tr>
<tr>
<td>Muffins, Quick Breads</td>
<td>Metal Blade</td>
<td>Use metal blade to &quot;sift&quot; dry ingredients; remove. Process wet ingredients, return dry ingredients to work bowl and pulse to blend. See Cuisinart Recipes.</td>
<td>Batter for small recipes of muffins and quick breads can be prepared quickly and with little fuss.</td>
</tr>
<tr>
<td>Pasty, Pie Crust</td>
<td>Metal Blade</td>
<td>Use recipe, pg 30 or other favorite recipe using recipe method.</td>
<td>Can prepare pastry for a single crust pie. Repeat for a 2-crust pie, do not double.</td>
</tr>
<tr>
<td>Peanut Butter or Nut Butters</td>
<td>Metal Blade</td>
<td>Process up to 1-1/2 cups peanuts or other nuts. Pulse to chop first, then process continuously until ground nuts form a ball.</td>
<td>Fresh nut butters contain no additional oils, sugar or salt unless you choose to add them. Nut butters can be kept for several months tightly covered and refrigerated. For chunky-style, add a handful of nuts before processing is completed.</td>
</tr>
<tr>
<td>Potatoes, Cooked</td>
<td>Shredding Disc</td>
<td>Shred or slice using medium pressure.</td>
<td>Use chute attachment for larger amounts.</td>
</tr>
<tr>
<td>Potatoes, Raw</td>
<td>Shredding Disc</td>
<td>Shred or slice using medium pressure.</td>
<td>Use chute attachment for larger amounts.</td>
</tr>
<tr>
<td>Vegetables, Raw</td>
<td>Metal Blade</td>
<td>Peel vegetable &amp; cut into pieces 3/4-inch or smaller. Keep pieces similar size for most even chop. Pulse to chop, or process to &quot;grind&quot; or &quot;pulpe. For small items such as garlic or shallots, drop through feed tube while machine is running to chop.</td>
<td>For soft vegetables, use light to moderate pressure. For firmer vegetables, use moderate to medium pressure. Do not use shredding disc for cabbage.</td>
</tr>
<tr>
<td>Yeast Doughs</td>
<td>Metal Blade</td>
<td>Process dry ingredients to blend, then add yeast mixture/liquid through feed tube in a steady stream as fast as the flour will absorb it. After mixture forms bread, process for 46 – 60 seconds to knead.</td>
<td>Makes a scant 1 pound of dough, enough for a single loaf (8 x 4 x 2 1/2 - inch tall pan) or free form bread. See recipe for more ideas.</td>
</tr>
</tbody>
</table>

CUT TO FEED TUBE AS NEEDED: Shred or slice using light pressure.

Liquid leaks out between cutting discs and the work bowl and cover when machine is running.

Never push down hard on the pusher.食物应该新鲜、硬实且不过熟。对于婴儿/食物，液体和肉类，考虑将其切成薄片。在使用过程中，可以添加原料。的食物应该切成薄片。使用切片器时，要确保食物切片均匀。

液体会从切片器和工作碗之间流出。确保盖上盖子，当机器正在运行时。

永远不要在输送器上用力推压食物。
Cut carrots in half and insert one piece point-side down and the other stem-side down.

A few pieces of food remain on top of slicing or shredding disc
You can improve this by raising and lowering (bouncing) pusher when food is almost all sliced or shredded.

Cheese spreads out and collects on top of shredding disc
Cheese was not cold enough, or pressure on pusher was too great. Always use light pressure when processing cheese.

CLEANING AND STORING
Keep your food processor ready for use on a kitchen counter. When it’s not being used, leave it unplugged. Don’t leave it with cover in locked position: this could damage the off-on mechanism.

Store blades and discs in safe, convenient place, as you would sharp knives — out of the reach of children.

All parts except motor base are dishwasher safe and we recommend washing them in the dishwasher ON THE TOP RACK. Due to intense water heat, washing the work bowl, work bowl cover and accessories on the bottom rack may cause damage over time.

Insert work bowl upside down. Remember where you place sharp blades and discs and unload them carefully.

To simplify cleaning, rinse work bowl, cover, pusher and blade or disc immediately after use so food won’t dry on them.

If you wash blades and discs by hand, do it carefully. Avoid leaving them in soapy water, where they may disappear from sight.

Clean metal blade, fill work bowl with soapy water, hold blade by its center plastic part and move it up and down on center shaft. Use of a spray attachment is also effective. If necessary, use a brush.

Work bowl is made of Lexan® polycarbonate plastic, which is shatter resistant and heat resistant.

Chopping certain foods may scratch or cloud work bowl. Among them are rice, whole spices and pimentos like wintergreen. If you like to prepare your own spice blends, you may want to keep a second bowl just for that purpose.

Base housing is made of tough plastic with high impact resistance. Its smooth upper surface will look new for years. Keep a sponge handy as you work and wipe spills from base. Wipe in direction away from motor shaft.

When slicing or shredding food, always use pusher. Never put your fingers or a spatula into feed tube.

Always wait for blade or disc to stop spinning before you remove cover from work bowl.

Be careful not to let metal blade fall out of work bowl when you empty bowl. Remove it before tilting bowl or hold it in place.

TECHNICAL DATA
An automatic temperature-controlled circuit breaker in motor ensures protection against motor burnout. If processor runs for exceptionally long time when chopping, mixing or kneading thick or heavy mixtures in successive batches, motor may overheat. If this happens, processor will stop. Turn it off and wait for motor to cool off before proceeding. It will usually cool off within 10 minutes. In extreme cases, it could take an hour.

Safeguard prevents machine from operating when work bowl or cover is not locked into position. Motor stops within seconds when control switch is turned off or cover is unlatched. If motor should ever continue to run, do not attempt to remove cover. Remove plug from outlet and immediately notify the Cuisinart Consumer Service Center.

WARRANTY
Cuisinart® Pro Plus™ Food Processor / Juicer Limited Three-Year Warranty
This warranty supersedes all previous warranties on Cuisinart® Pro Plus™ Food Processors.
This warranty is available to consumers only. You are a consumer if you own a Cuisinart® Pro Plus™ Food Processor that was purchased at retail for personal, family or household use. Except as otherwise required under applicable state law, this warranty is not available to retailers or other commercial purchasers or owners.

We warrant that your Cuisinart® Pro Plus™ Food Processor will be free of defects in material and workmanship under normal home use for three years from the date of original purchase.

However, return of the warranty registration card is not a condition of this warranty and does not eliminate the need for the consumer to maintain the original proof of purchase. In the event that you do not have proof of purchase date, the purchase date for purposes of this warranty will be the date of manufacture.

We suggest that you complete and return the enclosed warranty registration card promptly to facilitate verification of the date of original purchase.

Your Cuisinart® Pro Plus™ Food Processor has been manufactured to strict specifications and has been designed for use with the Cuisinart® Food Processor authorized accessories and replacement parts for your model. This warranty expressly excludes any defects or damages caused by accessories, replacement parts or repair service other than those that have been authorized by Cuisinart.

This warranty does not cover any damage caused by accident, misuse, shipment or other than ordinary household use.

This warranty excludes all incidental or consequential damages. Some states do not allow the exclusion of or limitation of incidental or consequential damages, so the foregoing may not apply to you.

This warranty gives you specific legal rights, and you may have other rights that vary from state to state.

WARNING
Our food processors and accessories are carefully designed and manufactured with high-quality materials to assure your satisfaction and safety when you use them. Although accessories sold by companies other than Cuisinart may be compatible with your Cuisinart® Food Processor, they may also be extremely dangerous and expose the user to serious injury.

We specifically caution you not to use other brand accessories, such as juicers, which permit your processor to operate with exposed cutting or shredding discs.

If you have any questions about the safety features of your Cuisinart® Food Processor, please call us at the toll-free number that appears on the above warranty.
Recipe Notes:
Nutritional analyses are based on number of servings indicated. If a recipe produces a range of servings, they are based on the highest serving yield for that particular recipe.

Guacamole
Serve guacamole with crispy tortilla chips, or use as a sauce or side dish.
Makes about 2 cups
1 ripe plum tomato (3-4 ounces), cored, seeded, cut into eighths 2 tablespoons packed cilantro leaves, washed & dried 1 garlic clove, peeled 2 tablespoons fresh lime or lemon juice 1 jalapeño pepper, seeded and halved, cut in 3/4-inch pieces 1/2 ounce red onion (about 1 inch piece), trimmed, cut into 1/2-inch pieces 2 ripe avocados (20-24 ounces total), peeled, pitted, cut into 3/4-inch chunks
Insert metal blade. Place tomato pieces in work bowl; pulse to chop, 10 to 15 times; remove and reserve. With machine running, drop garlic through feed tube and process until minced, about 10 seconds. Scrape work bowl. Add the remaining avocado. Pulse until mixture is blended, and reaches desired texture for a chunky guacamole, or process until smooth and creamy, about 1-1/2 minutes. Cover and refrigerate for at least 30 minutes before serving to allow flavors to blend. Serve with tortilla corn chips.

Nutritional information per serving (2 tablespoons):
Calories 56 (73% from fat) • carb. 4g • pro. 0g • fat 5g • sat. fat 1g • chol. 0mg • sod. 23mg • calc. 2mg • fiber 3g

Insert metal blade. With machine running, drop garlic through feed tube; process 5 seconds to chop. Add half the tomatoes to work bowl along with roasted red pepper, cilantro, green onions, jalapeño pepper, lime juice, cumin and salt. Pulse 10 to 15 times (one second pulses), or process until desired texture is reached. Let stand 30 minutes before serving to allow flavors to blend.

Fresh Tomato & Roasted Pepper Salsa Cruda
Roasted Red Peppers add a little something extra to a traditional favorite.
Makes 1-1/2 cups
1 garlic clove, peeled 4 plum tomatoes (12 ounces), cored, seeded, quartered 1/2 roasted red pepper, cut in 1-inch pieces 1/3 cup tightly packed fresh cilantro leaves, washed and dried
Insert metal blade. With machine running, drop garlic through feed tube; process 5 seconds to chop. Add half the tomatoes to work bowl along with roasted red pepper, cilantro, green onions, jalapeño pepper, lime juice, cumin and salt. Pulse 10 to 15 times (one second pulses), or process until desired texture is reached. Let stand 30 minutes before serving to allow flavors to blend.

Nutritional information per serving (1/4 cup):
Calories 8 (71% from fat) • carb. 2g • pro. 0g • fat 0g • sat. fat 0g • chol. 0mg • sod. 58mg • calc. 7mg • fiber 0g

Hummus
Add a roasted red pepper and 1 teaspoon herbs de Provence for a variation.
Makes about 2 cups
1/4 cup loosely packed flat parsley leaves 1/2 cup water 1 clove garlic, peeled 1/2 teaspoon ground cumin 1 can (19 ounces, 540g) chickpeas, rinsed and drained 2 tablespoons tahini (see Note) 2 tablespoons fresh lemon juice
Insert metal blade. With the machine running, drop garlic through the feed tube and process 10 seconds to chop. Scrape the work bowl. Add the herbs, process to chop finely, 15 seconds. Add cheese, salt, pepper and 2 - 3 drops hot sauce, process 30 to 30 seconds to combine.

Nutritional information per serving (2 tablespoons):
Calories 30 (38% from fat) • carb. 4g • pro. 2g • fat 1g • sat. fat 0g • chol. 0mg • sod. 29mg • calc. 16mg • fiber 1g

Herbed Chevre & Sun-dried Tomato Torta
Makes about 1-1/2 cups
4 sun-dried tomatoes, oil packed, with 1 tablespoon oil 6 ounces cream cheese (may use reduced fat), cut in 1-inch pieces 1/2 teaspoon herbs de Provence (or basil or tarragon) 1 tablespoon toasted pine nuts 1/8 teaspoon kosher salt 3-4 imported black olives, pitted 1 clove garlic, peeled 2 - 3 drops hot sauce such as Tabasco® to taste 1/4 cup mixed fresh herbs, loosely packed (such as parsley, thyme, basil, oregano, marjoram, sage, etc.)
Insert metal blade. Place sun-dried tomatoes, herbs de Provence or other goat cheese, chilled, cut in 1-inch pieces. Insert the metal blade. With the machine running, drop the garlic through the feed tube and process 10 seconds to chop. Scrape the work bowl. Add the herbs, process to chop finely, 15 seconds. Add cheese, salt, pepper and 2 - 3 drops hot sauce, process 20 to 30 seconds to combine.
Gently spoon some of the cheese mixture over the bottom of the bowl, pressing down gently. Spoon in the remaining cheese mixture and smooth over the top. Cover with plastic wrap and refrigerate until ready to use. To unmold: remove plastic wrap. Arrange fresh herbs or other greens over the exposed “top” of the molded cheese, so that some will come out from the edges. Place a flat plate or server over the bowl and invert so that the “top” becomes the “bottom”. Carefully lift up the bowl and gently remove the plastic wrap. Serve with crackers, pita wedges, bagel chips or baguette slices.

Nutritional information per serving (2 tablespoons):
Calories 104 (73% from fat) • carb. 2g • pro. 2g • fat 9g • sat. fat 1g • chol. 16mg • sod. 43mg • calc. 1mg • fiber 0g

Vinaigrette
Makes 1-1/2 cups
This basic vinaigrette can be easily changed by using a flavored vinegar or oil, or by adding fresh or dried herbs. Add a touch of sugar for a little sweetness.

1 small garlic clove, peeled
1/2 teaspoon kosher salt
1/3 cup wine vinegar
1/8 teaspoon freshly ground black pepper
1 tablespoon fresh lemon juice
1 cup vegetable oil
1 tablespoon Dijon mustard (may use half olive oil)

Insert metal blade and turn on machine. Drop garlic through feed tube and process until minced about 5 seconds. Add vinegar, mustard, salt and pepper to work bowl. While machine is running, pour oil through feed tube in thin stream and process until completely mixed and emulsified, about 5 to 10 seconds.

Nutritional information per serving (1 tablespoon):
Calories 81 (98% from fat) • carb. 0g • pro. 0g • fat 9g • sat. fat 1g • chol. 0mg • sod. 43mg • calc. 1mg • fiber 0g

Creamy Ricotta Herb Dressing/Dip
This is a good light dressing for potato salad or other fresh vegetable salads. It also makes a nice dip for fresh crudites. Makes about 1-1/2 cups

2 shallots, peeled and halved
1 clove garlic, peeled (optional)
1/4 cup fresh flat-leaf parsley
1/4 cup fresh tarragon leaves
1 teaspoon fresh thyme leaves
2-3 fresh basil leaves
2 shallots, peeled and halved
1 clove garlic, peeled
1/4 cup fresh flat-leaf parsley
1/4 cup fresh tarragon leaves
1 teaspoon fresh thyme leaves
2-3 fresh basil leaves

Insert metal blade. With machine running, drop shallots and garlic (if using) through feed tube and process to chop, 5 seconds. Scrape work bowl. Add fresh herbs; pulse to chop, 5 times. Add ricotta, yogurt, dry mustard, salt, pepper. Process until creamy and smooth, about 20 seconds.

Transfer to a resealable container, cover and let stand for at least 30 minutes before using to allow flavors to blend and develop. Refrigerate unused portions. Will keep about 5 days refrigerated.

Nutritional information per serving (2 tablespoons):
Calories 33 (33% from fat) • carb. 3g • pro. 3g • fat 1g • sat. fat 3g • chol. 3g • sod. 86mg • calc. 17mg • fiber 0g

Coleslaw
Shred cabbage in just seconds using your Pro Plus™. Makes about 6 cups

1 small head green cabbage (1-1/2 pounds), cut to fit feed tube
1 medium carrot (3 ounces), trimmed, peeled, and cut to fit feed tube
1/2 cup reduced fat mayonnaise
2 tablespoons vinegar
kosher salt and freshly ground black pepper to taste

Assemble processor with chute attachment, ejector disc and slicing disc. Shred cabbage through chute into large bowl. Insert shredding disc, and shred carrots through chute into bowl. Toss cabbage and carrots with remaining ingredients.

Nutritional information per serving (3/4 cup):
Calories 73 (55% from fat) • carb. 7g • pro. 1g • fat 4g • sat. fat 1g • chol. 1mg • sod. 109mg • calc. 45mg • fiber 2g

Asian Carrot Salad
This salad goes nicely with grilled seafood or chicken. Makes 4 – 6 servings

1 pound carrots, trimmed & peeled, cut to fit feed tube horizontally
1 small red onion (2-3 ounces), peeled, halved vertically
1 small red bell pepper, stemmed, cored, seeded, cut to fit feed tube
1/4 cup roasted unsalted peanuts
1 small clove garlic, peeled
2 tablespoons fresh cilantro leaves
1 tablespoon low-sodium soy sauce
1 teaspoon low-sodium soy sauce
1/4 teaspoon pepper flakes
1/4 cup Asian (toasted) sesame oil
1 small garlic clove, peeled
2 slices fresh ginger root, each about the size of a quarter
1/2 tablespoon Asian (toasted) sesame oil
1/2 teaspoon each kosher salt and freshly ground black pepper

Assemble processor with chute attachment, ejector disc and slicing disc. Shred carrots. Insert slicing disc, slice onion and red pepper. Toss vegetables to combine; reserve.

Switch to clear work bowl. Insert metal blade. Place peanuts in work bowl. Pulse to chop, 5 times; remove and reserve. With machine running, drop garlic and ginger through feed tube, process 5 seconds to chop. Add cilantro and pepper flakes to work bowl, pulse to chop, 5 times; scrape work bowl. Add vinegar and soy sauce to work bowl. Process to blend, 5 seconds. With machine running, add oils in a steady stream; process until dressing is emulsified, 5 to 10 seconds. Add dressing to carrot mixture and toss to combine. Let salad stand 15 to 20 minutes before serving to allow flavors to blend.
Savory Sweet Potato & Carrot Bake

Preheat oven to 325° F. Brush a 6-cup shallow oval or other similar sized baking dish with 1 tablespoon melted butter.

1 tablespoon unsalted butter, melted
3/4 pound sweet potatoes or yams, peeled, cut to fit feed tube
3/4 pound carrots, peeled, cut to fit feed tube
2 ounces sharp white cheddar cheese, cut to fit feed tube
1/2 cup all-purpose flour
1/2 cup evaporated fat free milk
1/2 teaspoon thyme
1/2 teaspoon rubbed sage
1/2 teaspoon kosher salt
1/4 hot sauce such as Tabasco®

Assemble processor with chute attachment, ejector disc and slicing disc. Slice cucumbers into bowl. Slice onion into bowl. Toss cucumbers and onion with remaining ingredients and let sit for 30 minutes to allow flavors to combine.

Drain before serving.

*You may vary the salad by using flavored vinegar such as raspberry, or changing the herb.

Nutritional information per serving: Calories 126 (42% from fat) • carb. 19g • pro. 3g • fat 9g • sat. fat 1g • chol. 0mg • sod. 66mg • calc. 13mg • fiber 3g

Meatloaf with Mushrooms & Herbs

For a change, use a combination of turkey breast and lean pork loin.

Makes 4 servings

1/4 cup flat parsley leaves, loosely packed
2 slices good quality bread, packed
1 teaspoon Italian herb blend or herbs de Provence
1 teaspoon kosher salt

Nutritional information per serving: Calories 214 (42% from fat) • carb. 25g • pro. 7g • fat 9g • sat. fat 1g • chol. 49mg • sod. 228mg • calc. 131mg • fiber 3g
Preheat oven to 400°F. Lightly coat a 7-1/2 x 3-3/4 x 2-1/4-inch loaf pan with cooking spray. Insert metal blade. Place parsley and bread in work bowl; pulse 5 times, then process until bread is medium coarse crumbs, about 25 seconds. Add onion, mushrooms, herbs, salt, and pepper to work bowl. Pulse to chop finely, 10 to 15 times. Remove and transfer to a medium bowl. Place egg, milk and tomato paste in work bowl. Process to blend, 5 seconds; add to onion mixture and stir. Place beef cubes in work bowl. Pulse to chop finely, 15 to 20 long pulses. Add to bowl. Stir meats into vegetable/crumb mixture until completely combined. Spoon into prepared loaf pan and press to compact. Bake in preheated 400°F even for 40 to 45 minutes, until top is browned and internal temperature measures 160°-170°F when tested with an instant read thermometer. Let meatloaf stand in pan for 10 minutes. Drain if necessary, remove, slice and serve. Alternatively, meat can be shaped into meatballs of desired size and baked until browned and internal temperature measures 160°-170°F. Use with your favorite tomato sauce or brown gravy.

**Nutritional information per serving:**
Calories 196 (26% from fat) • carb. 12g • pro. 24g • fat 6g • sat. fat 1g • chol. 57mg • sod. 465mg • calc. 8mg • fiber 1g

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**Ginger Chicken & Vegetable Stir-Fry**

The hard part of stir-fries is the preparation – with the LPP it is simple and quick.

Makes 2 - 3 servings

1/2 pound trimmed boneless, skinless chicken breast, cut to fit feed tube*  
1 medium red pepper (about 5 ounces), cored, seeded, cut to fit feed tube  
1 1/2-inch piece fresh ginger, peeled  
2 carrots (about 4 ounces) peeled, cut to fit feed tube horizontally  
4 ounces mushrooms, stems trimmed  
4 medium scallions, trimmed and cut into 2-inch lengths  
1 small zucchini (about 4 ounces, cut to fit feed tube vertically)

Freeze chicken until hard to the touch but still easily pierced with tip of sharp knife, about 20 to 30 minutes. Meanwhile, prepare vegetables. Insert metal blade and turn on machine. Drop garlic and ginger through feed tube and process until chopped, about 10 seconds. Remove and reserve. Insert shredding disc. Pack carrots in feed tube and shred. Remove and reserve. Insert slicing disc and slice remaining vegetables separately. Remove and reserve. Slice semi-frozen chicken. Toss chicken with 1-1/2 teaspoons cornstarch. Stir together remaining cornstarch and water; reserve. Combine broth, soy sauce, and sesame oil; reserve.

Heat work or large stick free skillet over high heat. Add 1-2 tablespoons of vegetable oil. Stir-fry chicken, in batches if necessary, until firm. Remove and reserve as done. Add more oil between batches as necessary. Add remaining vegetable oil to work or skillet, reduce heat to medium-high and cook garlic and ginger, stirring, until fragrant, about 15 seconds. Add carrots and stir-fry for 15 seconds. Add remaining vegetables and stir-fry until just tender, about 1 minute. Return chicken to skillet along with broth mixture. Raise heat and cook until bubbling. Lower heat and stir in cornstarch mixture, cook just until thickened. Season to taste and serve immediately.

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* Substitute 1/2 pound of well-trimmed pork loin or beef flank steak for the chicken. Trim, freeze and slice as described for chicken.

**Pizza**

You can prepare a pizza easily from start to finish without cleaning with work bowl between steps. First, grate and shred cheeses and reserve. Second, prepare the dough, residual cheese in the work bowl will just add...taste. But remember, too much of any topping will make your pizza wet and soggy, no matter how long it is baked.

**Pizza Dough**

Makes 14 ounces dough to make:
One 15-inch pizza  -or-  
Two 8–10-inch pizzas  -or-  
Four 5 - 6-inch pizzas

Combine yeast, sugar and warm water in a 1-cup liquid measure with pour spout. Stir to combine and let stand until mixture is foamy, about 5 minutes. (Note: If the mixture does not become foamy, the yeast is not active, discard and begin again with fresh yeast.)

Insert metal blade. Place flour, salt and oil in work bowl. Process 5 seconds to combine. Scrape work bowl. Place pizza dough, salt and oil in work bowl. Process 5 seconds to combine. Scrape work bowl.

**Nutritional information per serving:**
Calories 203 (17% from fat) • carb. 36g • pro. 5g • fat 4g • sat. fat 1g • chol. 0mg • sod. 295mg • calc. 8mg • fiber 1g

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**Pizza**

Makes 14 ounces dough to make:
One 15-inch pizza  -or-  
Two 8–10-inch pizzas  -or-  
Four 5 - 6-inch pizzas

Combine yeast, sugar and warm water in a 1-cup liquid measure with pour spur. Stir to combine and let stand until the mixture is foamy, about 5 minutes. (Note: If the mixture does not become foamy, the yeast is not active, discard and begin again with fresh yeast.)

Insert metal blade. Place flour, salt and oil in work bowl. Process 5 seconds to combine. Scrape work bowl.

**Nutritional information per serving:**
Calories 342 (58% from fat) • carb. 12g • pro. 24g • fat 22g • sat. fat 2g • chol. 58mg • sod. 455mg • calc. 33mg • fiber 3g
**Cherry Walnut Cinnamon Buns**

You may substitute chopped dried apricots for the cherries and almonds for the walnuts.

Makes 9 buns, about 2-1/2 inches each.

**Quick & Simple Pizza Sauce**

Nutritional information per serving:
Calories 112 (8% from fat) • carb. 20g • pro. 5g • fat 4g • sat. fat 1g • chol. 2mg • sod. 33mg • calk. 37mg • fiber 2g

**White Wheat Baguette**

This bread has a crunchy, crispy crust with a dense chewy interior.

Makes one baguette, about 12 ounces.

**Powdered Sugar Glaze**

Nutritional information per 2-ounce serving:
Calories 122 (8% from fat) • carb. 30g • pro. 4g • fat 4g • sat. fat 2g • chol. 7mg • sod. 47mg • calk. 36mg • fiber 1g
Cranberry Pistachio Scones

Cranberry Pistachio Scones are very good served with clotted cream or butter and marmalade. You may substitute walnuts, pecans, almonds, or hazelnuts for the pistachios.

Makes 8 scones

Pour the boiling water over the cranberries in a small heatproof bowl. Let stand 10 minutes to plump. Preheat oven to 375° F. Line a baking sheet with parchment paper. Drain cranberries and pat dry, reserve.

Insert the metal blade. Place the brown sugar in the work bowl. Pulse to break up, 10 times. Add flour, baking powder and salt. Process to blend, 10 seconds. Add cold butter pieces, process until mixture resembles a coarse meal. Pour into a greased 9-inch pie plate. Dot with remaining butter pieces. Brush with milk. Bake until set and golden brown, 25 to 30 minutes, until golden and firm, but not dry. Let cool on a rack for 10 minutes before serving.

Preheat oven to 350° F. Lightly coat a 7-1/2 x 3-3/4 x 2-1/4 -inch loaf pan with cooking spray. Insert the metal blade. Place the flour, baking powder and salt in the work bowl and process 5 seconds; remove and reserve. Cut the lemon peel into 1-inch pieces and place in work bowl with 1/4 cup of the sugar. Process until zest is finely chopped about 1 minute. Add remaining 1/2 cup sugar and butter; process until creamy, 20 to 30 seconds. Add egg, process 10 seconds; scrape work bowl. Add yogurt; process 10 seconds – mixture will look slightly curdled. Spoon flour mixture then macadamia nuts over creamed mixture. Pulse until flour just disappears, 5 to 6 pulses. Do not over process. Spoon into prepared pan and level top. Bake in preheated 350° F oven for 35 to 40 minutes, until bread is light golden brown and a tester comes out clean when inserted in the center. While bread is baking, stir lemon juice and sugar for glaze together until sugar is dissolved. Spoon the glaze over the hot bread a little at a time, allowing the glaze to absorb before adding more. Let stand until glaze is completely absorbed, then remove from pan and let cool completely on a wire rack. This bread is actually better the second day. Wrap tightly in plastic wrap to store.

**Orange Ginger Variation:**

Use orange zest and orange juice in place of lemon. Substitute crystallized ginger that has been cut in 1/2-inch pieces for the nuts. For more orange flavor, add 1/3 teaspoon orange flower water (available in specialty food shops) to batter when adding yogurt.

Nutritional information per serving:
Calories 164 (39% from fat) • carb. 23g • pro. 2g • fat 7g • sat. fat 3g • chol. 31mg • sod. 79mg • calc. 13mg • fiber 1g

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Lemon Macadamia Nut Bread

Makes 10 slices (about 3/4-inch thick)

Our quick and easy version of a classic favorite. For a change, try the Orange Ginger version.

**Glaze:**
- 3 tablespoons fresh lemon juice
- 1/4 cup granulated sugar

**Bread:**
- cooking spray
- 1/2 cup granulated sugar
- 3/4 cup all-purpose flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 2 strips lemon zest/peel, 2 x 1/2-inch, bitter white pith removed
- 1/3 cup unsalted, lightly toasted macadamia nuts

Nutritional information per serving:
Calories 192 (38% from fat) • carb. 26g • pro. 4g • fat 8g • sat. fat 4g • chol. 16mg • sod. 108mg • calc. 43mg • fiber 1g

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Cranberry Pistachio Scones

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- 1/3 cup unsalted, lightly toasted macadamia nuts

Nutritional information per serving:
Calories 192 (38% from fat) • carb. 26g • pro. 4g • fat 8g • sat. fat 4g • chol. 16mg • sod. 108mg • calc. 43mg • fiber 1g

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Fluffy Buttermilk Biscuits

Hot fluffy biscuits for breakfast or dinner are easy with the Little Pro.

Makes eight 2-inch biscuits

Nutritional information per serving:
Calories 192 (38% from fat) • carb. 26g • pro. 4g • fat 8g • sat. fat 4g • chol. 16mg • sod. 108mg • calc. 43mg • fiber 1g

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Fluffy Buttermilk Biscuits

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Makes eight 2-inch biscuits

Nutritional information per serving:
Calories 192 (38% from fat) • carb. 26g • pro. 4g • fat 8g • sat. fat 4g • chol. 16mg • sod. 108mg • calc. 43mg • fiber 1g
Preheat oven to 350° F. Lightly coat six 1/2-cup muffin/cupcake tins with cooking spray.

Insert metal blade. Place flour, salt and baking powder in work bowl; process 5 seconds. Remove and reserve.

Pulse/chop chocolate and 1/4 cup sugar 8 times, then process until chopped finely, about 45 seconds. Bring water and butter to boil in small saucepan or in the microwave. With machine running, pour liquid through feed tube and process 15 seconds, until smooth. Stir together buttermilk, egg and vanilla extract. With machine running, add to chocolate mixture, 5 seconds. Scrape work bowl. Add reserved dry ingredients; process until just blended, about 10 seconds. Do not over process.

Divide batter among tins and bake until toothpick inserted in center comes out clean, 20 to 25 minutes. Cool in tins for 10 minutes. Gently loosen cupcakes and remove from tin. Transfer to wire racks to cool completely before frosting. Frost with chocolate frosting if desired.

Nutritional information per cupcake (unfrosted):
Calories 177 (37% from fat) • carb. 26g • pro. 3g • fat 8g • sat. fat 4g • chol. 46mg • sod. 123mg • calc. 19mg • fiber 1g

Chocolate Frosting
Makes about 3/4 cup

Insert metal blade. Place powdered sugar and cocoa in work bowl. Pulse to sift, 10 times. Add butter. Process 10 seconds. Combine 2-1/2 tablespoons of the milk with vanilla. With machine running, add milk mixture in ... Process until smooth and creamy, adding additional milk 1 teaspoon at a time until frosting is of spreading consistency.

Nutritional information per serving:
Calories 160 (34% from fat) • carb. 27g • pro. 1g • fat 8g • sat. fat 4g • chol. 17mg • sod. 6mg • calc. 15mg • fiber 1g

Apple Streusel Pie

For the pastry:

Nutritional information per serving (1 biscuit):
Calories 120 (46% from fat) • carb. 14g • pro. 2g • fat 6g • sat. fat 4g • chol. 16mg • sod. 155mg • calc. 17mg • fiber 0g

Double Chocolate Brownies with Walnuts
Rich, fudgy and very satisfying, these yummy brownies take just minutes to prepare in your Cuisinart® Food Processor.

Makes 25 brownies, each about 1 1/2 inches square.

Preheat oven to 350° F. Brush an 8-inch square baking pan with some of the melted butter. Fold a sheet of aluminum foil so that it is 8 inches wide by 15 inches long. Place it in the baking pan so that the long ends extend over two opposite sides of the pan and fold the excess down the outside edge. Brush the foil bottom and sides.

Place the unsweetened chocolate and espresso powder in the work bowl of the processor. Using long pulses, pulse to chop the chocolate, 10 times. With the machine running, add the hot butter through the feed tube in a steady stream and process until chocolate is melted. Scrape work bowl and lid. Add sugars to work bowl. Process until smooth, about 10 seconds. Place eggs and vanilla in a liquid measuring cup with pour spout, stir with a fork to blend. With the machine running, add the egg mixture in a steady stream, process 10 seconds. Scrape the work bowl. Place the flour, nuts and chocolate morsels on top of the chocolate mixture. Pulse until just combined, 4 to 6 times. Do not over process. Transfer the mixture to the prepared baking pan. Use a spatula to smooth the top. Bake in the preheated 350° F oven for about 35 to 40 minutes, until top is somewhat shiny and just beginning to crack. Cool on a rack for 10 minutes, then loosen the foil sides and use them to lift the brownies out of the pan. Cool completely on a rack before cutting. Cut into 25 squares.

Nutritional information per serving (1 brownie):
Calories 120 (55% from fat) • carb. 13g • pro. 1g • fat 8g • sat. fat 4g • chol. 28mg • sod. 7mg • calc. 11mg • fiber 1g

Chocolate Cupcakes
Quick comfort food.

Makes 6 cupcakes.

Preheat oven to 350° F. Lightly coat six 1/2-cup muffin/cupcake tins with cooking spray.

Insert metal blade. Place flour, salt and baking powder in work bowl; process 5 seconds. Remove and reserve. Pulse/chop chocolate and 1/4 cup sugar 8 times, then process until chopped finely, about 45 seconds. Stir together buttermilk, egg and vanilla extract. With machine running, add to chocolate mixture, 5 seconds. Scrape work bowl. Add reserved dry ingredients; process until just blended, about 10 seconds. Do not over process. Divide batter among tins and bake until toothpick inserted in center comes out clean, 20 to 25 minutes. Cool in tins for 10 minutes. Gently loosen cupcakes and remove from tin. Transfer to wire racks to cool completely before frosting. Frost with chocolate frosting if desired.

Nutritional information per serving (1 biscuit):
Calories 120 (46% from fat) • carb. 14g • pro. 2g • fat 6g • sat. fat 4g • chol. 16mg • sod. 155mg • calc. 17mg • fiber 0g

Chocolate Frosting
Makes about 3/4 cup

Insert metal blade. Place powdered sugar and cocoa in work bowl. Pulse to sift, 10 times. Add butter. Process 10 seconds. Combine 2-1/2 tablespoons of the milk with vanilla. With machine running, add milk mixture in a steady stream. Process until smooth and creamy, adding additional milk 1 teaspoon at a time until frosting is of spreading consistency.

Nutritional information per serving:
Calories 160 (34% from fat) • carb. 27g • pro. 1g • fat 8g • sat. fat 4g • chol. 17mg • sod. 6mg • calc. 15mg • fiber 1g

Apple Streusel Pie

For the pastry:

Nutritional information per serving (1 biscuit):
Calories 120 (46% from fat) • carb. 14g • pro. 2g • fat 6g • sat. fat 4g • chol. 16mg • sod. 155mg • calc. 17mg • fiber 0g
Nutritional information per serving (one slice):
Calories 387 (41% from fat) • carb. 42g • pro. 4g • fat 18g • sat. fat 9g • chol. 34mg
• sod. 55mg • calc. 26mg • fiber 3g

Creamy Cheesecake with Walnut Crumb Crust

Makes one 8-inch cheesecake, 6 to 8 servings

Preheat oven to 375° F.

Insert the metal blade. Place the broken graham crackers in the work bowl and pulse to break up, 10 times. Add walnuts and cinnamon to work bowl, pulse 12 to 15 times. With machine running, drop butter through the feed tube and process until the mixture resembles coarse crumbs, but still has small pieces of butter visible, 15 one-second pulses. Sprinkle the mixture with 3 tablespoons of the ice water and process just until it begins to clump together. If the mixture seems too dry, add just enough of the remaining water to form the crumbs. Turn the dough out onto work surface and form into a ball. Flatten into a disc, 6 inches in diameter. Cover and refrigerate at least 30 minutes before rolling out.

Wipe work bowl and blade clean with a paper towel. Place cream cheese and sugar in work bowl. Process until smooth, 15 to 20 seconds. Scrape work bowl. Add eggs, vanilla and almond extract to work bowl. Process until mixture is smooth, then wrap in plastic wrap and refrigerate at least 8 hours or overnight before unmolding. Serve in wedges.

Nutritional information per serving (based on 8 servings):
Calories 283 (40% from fat) • carb. 34g • pro. 8g • fat 13g • sat. fat 6g • chol. 76mg
• sod. 372mg • calc. 157mg • fiber 1g

For the Streusel Topping:
Insert the metal blade. Pulse to break up the brown sugar, 4 to 5 times. Add flour, oatmeal and sugar to work; process until the mixture resembles coarse crumbs, but still has small pieces of butter visible, 15 one-second pulses. Transfer to a small bowl and work the mixture with fingers until it is large crumbs. Reserve.

For the Apple Filling:
Assemble the white chute bowl fitted with the slicing disc. Arrange a bowl under the chute. Add the lemon juice to the bowl. Place the apple quarters in the feed tube. Turn the pulse control to speed 6 and process until the mixture resembles coarse crumbs. Scrape work bowl. Add sugar, flour, spices, raisins or cranberries to work bowl. Process until mixture is smooth, then transfer to a bowl and refrigerate at least 8 hours or overnight before assembling and baking the pie.

To assemble and bake the pie:
Arrange rack in lower third of oven. Preheat oven to 400°F. Dust the chilled dough lightly with flour and place on a lightly floured surface. Roll the dough into a 15-inch round, rolling from one edge to the opposite edge, rolling from one edge to the opposite edge, rotating the dough as you go, and adding just enough flour to keep it from sticking to the counter or pin. Do not roll back and forth. When it has been rolled to size, gently fold it in half, then in half again. Lift carefully and center in a 9-inch pie plate. Unfold, and let the pastry settle into the pan. Trim edges to an even 1-inch overhang. Brush rim of pastry with water and fold in; press and seal. Use fingers or fork to crimp decoratively. Fill evenly with apple mixture, pressing apple mixture lightly to remove air pockets. Top evenly with streusel topping. Place pie on rack in preheated oven (may place foil or baking sheet on rack underneath to catch drips). Bake in preheated 450° F oven until browned and bubbly, about 55 to 60 minutes. If crust or topping appears to brown too quickly, cover loosely with a sheet of foil. Let cool for at least 1 hour on a rack before serving.

For the streusel topping:
1/2 cup packed brown sugar 5 tablespoons cold unsalted butter, cut in 1/2-inch pieces
1/2 cup all-purpose flour
1/2 cup rolled oats (old-fashioned, not quick cooking)
1/2 cup all-purpose flour
Creamy Cheesecake with Walnut Crumb Crust

1-1/2 tablespoons fresh lemon juice
2 tablespoons ground cinnamon
1/2 teaspoon ginger
1/4 teaspoon freshly ground nutmeg
1/2 cup granulated sugar
1/2 cup all-purpose flour
15 2-1/2-inch low fat graham cracker squares, broken in quarters
1/2 cup walnuts
1/2 teaspoon vanilla extract
2 large eggs
12 ounces low fat cream cheese, cut in 1-inch pieces
1-1/2 tablespoons unsalted butter, cut into 6 pieces
1/2 teaspoon almond extract
2/3 cup sugar
1-1/2 tablespoons ground cinnamon
1-1/2 teaspoons pure vanilla extract
1-1/2 teaspoons almond extract
1/2 cup raisins or dried cranberries (optional)
2/3 cup fat free sour cream
1-1/2 tablespoons fresh lemon juice
2 pounds apples (see note), peeled, cored and quartered
2/3 cup granulated sugar
1/4 cup all-purpose flour
1 teaspoon cinnamon
1/2 teaspoon ginger
1/4 teaspoon freshly ground nutmeg
1/2 cup raisins or dried cranberries (optional)
1/2 cup fat free sour cream
For the pastry:
Insert the metal blade. Place the flour, sugar and salt in the work bowl. Pulse to combine, 3 times. Add cold butter and shortening. Pulse until the mixture resembles coarse crumbs, but still has small pieces of butter visible, 15 one-second pulses. Sprinkle the mixture with 3 tablespoons of the ice water and process just until it begins to clump together. If the mixture seems too dry, add just enough of the remaining water to form the clumps. Turn the dough out onto work surface and form into a ball. Flatten into a disc, 6 inches in diameter. Cover and refrigerate at least 30 minutes before rolling out.

For the Streusel Topping:
Insert the metal blade. Pulse to break up the brown sugar, 4 to 5 times. Add flour, oatmeal and sugar to work; process until the mixture resembles coarse crumbs, but still has small pieces of butter visible, 15 one-second pulses. Transfer to a small bowl and work the mixture with fingers until it is large crumbs. Reserve.

For the Apple Filling:
Assemble the white chute bowl fitted with the slicing disc. Arrange a bowl under the chute. Add the lemon juice to the bowl. Place the apple quarters in the feed tube. Turn the pulse control to speed 6 and process until the mixture resembles coarse crumbs. Scrape work bowl. Add sugar, flour, spices, raisins or cranberries to work bowl. Process until mixture is smooth, then transfer to a bowl and refrigerate at least 8 hours or overnight before assembling and baking the pie.

To assemble and bake the pie:
Arrange rack in lower third of oven. Preheat oven to 400°F. Dust the chilled dough lightly with flour and place on a lightly floured surface. Roll the dough into a 15-inch round, rolling from one edge to the opposite edge, rotating the dough as you go, and adding just enough flour to keep it from sticking to the counter or pin. Do not roll back and forth. When it has been rolled to size, gently fold it in half, then in half again. Lift carefully and center in a 9-inch pie plate. Unfold, and let the pastry settle into the pan. Trim edges to an even 1-inch overhang. Brush rim of pastry with water and fold in; press and seal. Use fingers or fork to crimp decoratively. Fill evenly with apple mixture, pressing apple mixture lightly to remove air pockets. Top evenly with streusel topping. Place pie on rack in preheated oven (may place foil or baking sheet on rack underneath to catch drips). Bake in preheated 450° F oven until browned and bubbly, about 55 to 60 minutes. If crust or topping appears to brown too quickly, cover loosely with a sheet of foil. Let cool for at least 1 hour on a rack before serving.
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