

Cuisinart®

INSTRUCTION BOOKLET



Food Prep Series 8-Cup Food Processor

DLC-6

For your safety and continued enjoyment of this product, always read the instruction book carefully before using.

IMPORTANT UNPACKING INSTRUCTIONS

This package contains Cuisinart® Food Prep Series 8-Cup Food Processor and the accessories for it:

8-cup work bowl, work bowl cover, metal chopping/mixing blade, thin reversible metal slicing and shredding disc, thick reversible metal slicing and shredding disc, base with stem adapter, and instruction/recipe book.

CAUTION:

THE CUTTING TOOLS HAVE VERY SHARP EDGES. To avoid injury when unpacking the parts, please follow these instructions.

1. Place the box on a low table or on the floor next to the kitchen counter where you intend to keep the food processor. Be sure the box is right side up.
2. Open top flaps—there will be a rectangular block of packaging material that holds the processor parts, each fitted into a cavity.
3. Remove the instruction/recipe book and the metal slicing and shredding discs from one side.
4. Lift out the packing material.
5. Remove the base and bowl together by grasping the handle and lifting straight up. Do not rotate the bowl, as this may cause the bowl to separate from the base.
6. Place the food processor on the counter or table. Read the instructions thoroughly before using the machine.
7. Save the shipping cartons and packing material. You will find them very useful if you need to repack the processor for moving or other shipment.

We recommend that you visit our website, www.cuisinart.com for a fast, efficient way to complete your product registration.

CONTENTS

Unpacking Instructions	2
Technical Data.....	2
Important Safeguards.....	3
Introduction	4
Assembly Instructions	4
Operating Instructions and Use	5
Tips For Easy Use	5
Cleaning and Storage.....	7
For Your Safety	7
Recipes.....	8
Warranty	15

CAREFULLY READ ALL INSTRUCTIONS BEFORE USING THIS APPLIANCE.

TECHNICAL DATA

The motor in your food processor operates on standard line operating current. The appropriate voltage and frequency for your machine are shown on the lower housing under the base.

An automatic, temperature-controlled circuit breaker in the motor ensures complete protection against motor burn-out. If the processor runs for an exceptionally long time when chopping, mixing or kneading a thick or heavy mixture in successive batches, the motor may over-heat. If this happens, the processor will stop. Turn it off and wait for the motor to cool before proceeding. It will usually cool within 10 minutes. In extreme cases, cooling could take an hour.

Safety switches prevent the machine from operating when the work bowl or the cover is not locked into position. The motor stops within seconds when it has been turned off, and a fast-stop circuit stops it instantly when the pusher assembly is removed.

IMPORTANT SAFEGUARDS

Always follow these safety precautions when using this appliance.

GETTING READY

1. Read all instructions.
2. Blades are sharp. Handle them carefully.
3. Always unplug from outlet when not in use, before putting on or taking off parts, before removing food and before cleaning. To unplug, grasp plug and pull from electrical outlet. Never pull cord.
4. Do not use outdoors.
5. Do not let cord hang over edge of table or counter, or touch hot surfaces.
6. Do not operate any appliance with damaged cord or plug, or after appliance has been dropped or damaged in any way. Return appliance to the nearest authorized service facility for examination, repair, or electrical or mechanical adjustment.

OPERATION

1. Keep hands as well as spatulas and other utensils away from moving blades or discs while processing food, to prevent the possibility of severe personal injury or damage to food processor. A plastic scraper may be used, but only when the food processor motor is stopped.
2. Avoid contact with moving parts. Never push food down into feed tube by hand when slicing or shredding. Always use pusher.
3. Make sure motor has completely stopped before removing cover.
4. Never store any blade or disc on motor shaft. To reduce the risk of injury, no blade or disc should be placed on the shaft except when the bowl is properly locked in place and the processor is in use. Store blades and discs as you would sharp knives, out of reach of children.

5. Be sure cover and feed tube are securely locked in place before operating food processor.
6. Never try to override or tamper with cover interlock mechanism.
7. Do not operate your appliance in an appliance garage or under a wall cabinet. **When storing in an appliance garage, always unplug the unit from the electrical outlet.** Not doing so could create a risk of fire, especially if the appliance touches the walls of the garage or the door touches the unit as it closes.

GENERAL CLEANING

To protect against risk of electrical shock, do not put base in water or other liquid.

1. This appliance should not be used by or near children, or individuals with certain disabilities.
2. Do not operate this, or any other motor-driven appliance, while under the influence of alcohol or other substances that affect your reaction time or perception.
3. This food processor is ETL listed for household use. Use it only for food preparation as described in the instruction book.
4. Using attachments not recommended by the manufacturer may cause fire, electrical shock or personal injury, or may damage your food processor.

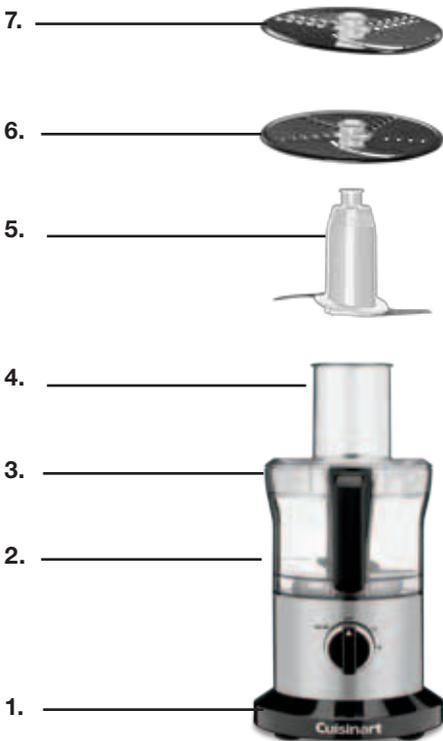
NOTICE: This appliance has a polarized plug (one blade is wider than the other). As a safety feature, this plug will fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to defeat this safety feature.

SAVE THESE INSTRUCTIONS FOR HOUSEHOLD USE ONLY

INTRODUCTION

The machine includes:

1. Housing base with a fixed accessory adapter and convenient dial control
2. 8-cup work bowl
3. Cover with feed tube
4. Pusher assembly that slides inside the feed tube
5. Metal chopping/mixing blade
6. Thin reversible slicing/shredding disc
7. Thick reversible slicing/shredding disc
8. BPA free (not shown)
All materials that come in contact with food or liquid are BPA free.



ASSEMBLY INSTRUCTIONS

CHOPPING/MIXING BLADE

1. Plug in the housing base and place the work bowl on top, with the work bowl handle just to the right of center. Turn the work bowl clockwise to lock it onto the housing base.
2. Carefully lift and place the blade over the work bowl accessory adapter. Blade should fit snugly and rest on the bottom of the work bowl.
3. Add desired ingredients to work bowl.
4. Place work bowl cover on work bowl, with the feed tube just to the right of center. Turn clockwise to lock onto work bowl.
5. Align pusher assembly with the feed tube opening on the work bowl cover and slide down to the bottom.
6. You are now ready to operate the machine.

REVERSIBLE SLICING/SHREDDING DISCS

1. Plug in the housing base and place the work bowl on top, with the work bowl handle just to the right of center. Turn the work bowl clockwise to lock it onto the housing base.
2. Choose desired disc.
3. Carefully place disc over accessory adapter, with the side being used facing up.
4. Place work bowl cover onto work bowl, with the feed tube just to the right of center. Turn clockwise to lock onto work bowl.
5. Align pusher with the feed tube opening on the work bowl cover and slide down to the bottom.
6. You are now ready to operate the machine.

OPERATING INSTRUCTIONS AND USE

CHOPPING/MIXING BLADE

The metal chopping blade chops raw and cooked fruits, vegetables, meat, fish and cheese to the exact consistency you want, from coarse to fine, even to a purée. It chops nuts, makes nut butters, mayonnaise and sauces, and mixes tender, flaky pastry. The metal chopping blade also mixes cakes, frostings, cookies, quick breads, muffins and biscuits.

1. With the machine properly assembled and engaged, and ingredients in the work bowl, turn the dial to desired speed. LO speed is recommended for making doughs and batters. HI speed is recommended for most other chopping, processing and slicing/shredding tasks.
2. To use the Pulse feature, assemble unit as stated above. Turn the dial to the left Pulse position. The Pulse will operate for as long as it is held in position. We recommend 2-second pulsing to achieve even, controlled chopping and processing.
3. Wait for the blade to stop spinning. Once it does, turn the cover counterclockwise to unlock, and remove by lifting it off.

Remove the bowl from the base of the machine before removing the blade. Turn the bowl counterclockwise to unlock from the base, and lift straight up to remove. To prevent the blade from falling from the work bowl onto your hand when emptying the work bowl, use the following method: Be sure your hands are dry. Grab the blade hub and remove the metal blade before tilting the bowl, using a spatula to scrape off any food. Carefully lift the blade out of the work bowl.

REVERSIBLE SLICING/SHREDDING DISCS

The slicing disc makes whole slices. It slices fruits and vegetables, cooked meat and semi-frozen raw meat. The shredding disc shreds most firm and hard cheeses. It also shreds vegetables like potatoes, carrots and zucchini.

1. Properly assemble machine and fit with desired slicing/shredding disc.
2. Trim ingredients to fit the feed tube. Remove pusher and place ingredients in feed tube. Best results are achieved when feed tube is mostly full.
3. Insert the pusher. While using medium pressure, turn the dial to HI speed until all ingredients have passed into the work bowl.
4. Turn the dial to the Off position when finished.
5. Remove the pusher and refill ingredients as needed. Repeat.

NOTE: Always use pusher when slicing or shredding. Never put your hands in the feed tube when unit is running.

TIPS FOR EASY USE

- It is recommended that you practice with your food processor before starting your first recipe.
- For best results when chopping, food should be cut into 1-inch uniform pieces.
- Another tip for chopping/processing is to use the Pulse feature. This way you are able to control how fine or coarse your results will be.
- Using the Pulse chopping technique, you get an even chop without overprocessing. Check the texture frequently by looking through the cover. If you want a finer chop, continue pulsing until you achieve the desired texture.
- Onions and other foods with a high water content will quickly end up as a purée unless carefully pulsed to make sure they are not overprocessed.

-
- Do not overfill work bowl. For thin mixtures like a batter, the bowl should be filled no more than $\frac{1}{3}$ to $\frac{1}{2}$ full. For thicker mixtures like pureés, fill the work bowl $\frac{3}{4}$ full. For chopping, fill the work-bowl no more than halfway.
 - When slicing or shredding, foods should first be cut to fit the feed tube. For best results, food should fit snugly, but not so tightly that it prevents the pusher from moving.
 - For longer shreds or slices, food should be placed horizontally in the feed tube. For shorter shreds or slices, place food vertically in feed tube.
 - Soft cheeses, like mozzarella, should be placed in the freezer for 20 minutes to harden slightly before shredding.

Important: Never try to slice soft cheeses like mozzarella.

For purées

- Cut food into 1-inch uniform pieces.
- Pulse to chop coarsely, then turn to HI speed and process continuously until food is puréed. (NOTE: Cooked white potatoes are an exception to this procedure. They develop a gluey texture when processed with the metal blade. If you wish to use the food processor to make mashed potatoes, shred the cooked potatoes using the fine shredding disc.)

Chopping hard cheese

- To chop hard cheese like Parmesan, cut cheese into $\frac{1}{2}$ -inch cubes. Pulse about 5 times to break up, then process on HI speed until finely chopped.

Important: Never try to process cheese that is too hard to cut with a knife. You may damage the blade or the machine.

Chopping fresh herbs

- Thoroughly dry the herbs, work bowl and metal chopping blade. Remove stems from herbs. Add leaves to bowl and pulse to chop.

Chopping meat

- The food should be very cold, but not frozen.

- Cut into 1-inch pieces to ensure an even chop. Process no more than 12 ounces at one time. Pulse until evenly chopped. Check the texture often to avoid over-processing.

Chopping Nuts

- Chop no more than 1 cup at a time.
- Pulse to chop, checking frequently to avoid nuts clumping together in a nut butter.
- To make nut butters, process up to 1 cup at a time on HI speed until smooth, stopping to scrape down the sides of the bowl as needed.

To make crumbs and crumb crusts

- Cut or break bread, crackers or cookies into 1-inch pieces and place in work bowl. Turn to HI speed and process continuously until pieces reach the desired texture.

To make bread dough

- The unit is designed to mix and knead dough in a fraction of the time it takes to do it by hand. You will get perfect results every time if you follow these tips:
 - Recommended maximum amount of flour is $2\frac{1}{2}$ cups or $1\frac{1}{2}$ cups of whole-grain flour. If a bread dough calls for more than the recommended amounts of flour, mix and knead it in equal batches.
- The basics of preparing bread dough in the food processor are to process the dry ingredients in the work bowl and to very slowly add the liquid through the feed tube.
 - Do not try to use the machine to knead dough that is too stiff to knead comfortably by hand. Doing so can strain the machine. After the dough starts to clean the inside of the work bowl completely and forms a ball, knead dough for no more than 60 seconds.

CLEANING AND STORAGE

- Keep your food processor ready to use on a kitchen counter. When not in use, leave it unplugged.
- Store the blades and discs as you would sharp knives, out of the reach of children.
- All parts except the housing base are dishwasher safe, and we recommend washing them in the dishwasher on the top rack. Insert the work bowl upside down. Due to intense water heat, washing the work bowl and work bowl cover on the bottom rack of your dishwasher may cause damage over time. Remember to unload the dishwasher carefully whenever you wash sharp blades and discs.
- To simplify cleaning, rinse the work bowl, cover, pusher assembly and blade or disc immediately after use so food won't dry on them. Openings at the bottom of the large pusher provide drainage and make cleaning easy. If food lodges in the pusher, remove it by running water through it, or use a bottle brush.
- If you wash blades and discs by hand, do it carefully. Avoid leaving them in soapy water where they may disappear from sight.
- The work bowl is made of SAN plastic. It should not be placed in a microwave oven.
- Chopping certain foods may scratch or cloud the work bowl. These foods include ice, whole spices, coffee beans and oils like wintergreen. If you like to prepare your own spice blends, you may want to purchase a second bowl just for that purpose.
- The housing base is made of a tough plastic with high-impact resistance. Its smooth surface will look new for years. Keep a sponge handy as you work, and wipe spills from the base.
- Four suction feet on the underside of the base keep it from moving on most work surfaces when the machine is processing heavy loads. If the feet leave spots on the counter, spray them with a spot

remover and wipe with a damp sponge. If any trace of the spot remains, repeat the procedure and wipe the area with a damp sponge and nonabrasive cleaning powder.

IMPORTANT: Never store any blade or disc on the motor shaft. No blade or disc should be placed on the shaft except when the processor is about to be used.

MAINTENANCE: Any other servicing should be performed by an authorized representative.

FOR YOUR SAFETY

Like all powerful electrical appliances, a food processor should be handled with care. Follow these guidelines to protect yourself and your family from misuse that could cause injury:

- Handle and store metal blades and discs carefully. Their cutting edges are very sharp.
- Never put blades or discs on the motor shaft until the work bowl is locked in place.
- Always be sure that the blade or disc is down on motor shaft as far as it will go.
- Always insert the chopping blade in the work bowl before putting ingredients in bowl.
- When slicing or shredding food, always use the pusher.
- Never put your fingers or spatula into feed tube.
- Always wait for the blade or disc to stop spinning before you remove the pusher assembly or cover from the work bowl.
- Always unplug the unit before removing food, cleaning, or putting on or taking off parts.
- Always remove work bowl from base of machine before you remove chopping blade or dough blade.
- Be careful to prevent the chopping blade from falling out of the work bowl when emptying the bowl. Remove it before tilting the work bowl.

RECIPES

Fresh Tomato and Corn Salsa

Delicious with the traditional corn tortilla chips, this salsa is also great on grilled chicken or seafood.

Preparation: 5 to 10 minutes, plus 1 hour for flavors to develop

Makes 1½ cups

- 1 small onion, peeled, cut into 1-inch pieces
- ¼ cup fresh cilantro
- 1 jalapeño pepper, seeded, cut into 1-inch pieces
- 2 medium tomatoes, cut into 1-inch pieces
- 1 teaspoon fresh lime juice
- ½ cup fresh or frozen corn kernels (frozen kernels do not need to be thawed)
- ½ teaspoon kosher salt

1. Insert the metal blade. Put onion, cilantro and jalapeño in work bowl. Process on HI until finely chopped, about 5 seconds. Scrape work bowl. Add tomatoes and lime juice. Pulse until tomatoes are coarsely chopped, about 5 to 7 times. Add corn and salt; pulse once to just combine.

2. Let stand for 1 hour before serving to allow flavors to develop. Serve with chips.

Nutritional information per tablespoon:

Calories 18 (10% from fat) • carb. 4g • pro. 1g • fat 0g
• sat. fat 0g • chol. 0mg • sod. 50mg • fiber 0g

Hummus

Serve this popular Middle Eastern dip with the traditional pita wedges or with fresh vegetable crudités.

Preparation: 15 to 20 minutes, plus 30 minutes resting time

Makes 2 cups

- ¼ cup Italian parsley leaves, washed and dried
- 2 strips lemon zest, 2 x ½ inches, bitter white pith scraped off
- ½ teaspoon kosher salt
- 2 small cloves garlic
- 1 large can (28 ounces) chickpeas, drained and rinsed
- 3 tablespoons tahini
- 2 tablespoons fresh lemon juice

- 5 tablespoons water
- 1½ teaspoons ground cumin
- 1½ tablespoons extra virgin olive oil

1. Insert the metal blade. Pulse to chop the parsley, 10 to 15 times. Remove and reserve. Chop the lemon zest with the kosher salt using the pulse, 10 times. With the machine running, drop the garlic down the feed tube; process on HI for 10 seconds to chop.

2. Add the chickpeas, tahini, lemon juice, water and cumin to the work bowl; process on HI 60 seconds to combine. Scrape the work bowl. With the machine running, add the olive oil in a slow steady stream; process on HI until the hummus is smooth and creamy, about 3 minutes.

3. Add half the chopped parsley; pulse to incorporate, 5 to 10 times. Allow the hummus to rest for 30 minutes before serving, to allow the flavors to blend. Serve in a shallow bowl, sprinkled with the remaining chopped parsley. If desired, drizzle with extra virgin olive oil.

Variation: Add 3 drained roasted red peppers with the chickpeas to make Roasted Red Pepper Hummus. Makes about 2½ cups.

Nutritional information per tablespoon:

Calories 45 (33% from fat) • carb. 6g • pro. 2g • fat 2g
• sat. fat 0g • chol. 0mg • sod. 112mg • fiber 1g

Basic Vinaigrette

This basic vinaigrette is perfect for a crisp green salad.

Preparation: 5 minutes

Makes about ¾ cup

- 1 garlic clove
- 2 tablespoons Dijon mustard
- ¼ cup red wine vinegar
- ½ teaspoon kosher salt
- ¼ teaspoon freshly ground black pepper
- ½ cup extra virgin olive oil
- ½ cup vegetable oil

1. Insert the metal blade. With the machine running on HI, drop the garlic through the feed tube and process to chop, 10 seconds. Scrape the work bowl. Add the mustard, vinegar, salt and pepper. Process on HI, to combine, 10 seconds; scrape the work bowl. With the machine still on HI, add the oils in a slow, steady stream, about 45 seconds. Process until emulsified.

2. Refrigerate if not using immediately; bring to room temperature before using. Process for 10 seconds to emulsify if separation has occurred.

Note: Basic Vinaigrette may be modified by changing the flavor of the vinegar, mustard or oil. Try using fresh lemon juice and a little honey for a honey-mustard vinaigrette. Add fresh herbs, sun-dried tomatoes, or pesto for other flavor changes.

Nutritional information per tablespoon:

Calories 110 (96% from fat) • carb. 1g • pro. 0g • fat 12g
• sat. fat 2g • chol. 0mg • sod. 116mg • fiber 0g

Pesto

Our pesto is lower in fat than traditional recipes, but just as flavorful.

Preparation: 5 to 10 minutes

Makes $\frac{3}{4}$ cup

- 1 ounce Parmesan, cut into $\frac{1}{2}$ -inch pieces**
- 1 garlic clove**
- 2 tablespoons lightly toasted pine nuts or walnuts**
- $\frac{1}{4}$ teaspoon kosher salt**
- 2 cups packed fresh basil leaves, washed and dried**
- 2–4 tablespoons extra virgin olive oil**

1. Insert the metal blade. With the machine running on HI, drop the cheese through the feed tube and process to chop, about 10 seconds.

2. With the machine running on HI, drop the garlic clove through the feed tube; process to chop, about 5 seconds. Scrape down the sides of the work bowl, and add the nuts and salt. Process to chop, about 10 seconds. Add the basil. Pulse to chop, 20 to 30 times. Scrape down the sides of the work bowl. While on HI, add the olive oil to taste in a slow drizzle.

3. Transfer to a jar to store. Let rest for about 30 minutes before using, to allow the flavors to blend.

4. Refrigerate to store, with a layer of olive oil poured over the top to prevent discoloration. Keeps 5 days in the refrigerator, or may be frozen.

Nutritional information per $\frac{1}{2}$ tablespoon:

Calories 25 (84% from fat) • carb. 0g • pro. 1g • fat 2g
• sat. fat 0g • chol. 1mg • sod. 29mg • fiber 0g

Simple Tomato Sauce

A simple marinara sauce for pasta, or when reduced, a tasty topping for homemade pizzas.

Preparation: 10 to 15 minutes, plus 1 hour to cook (add an additional 30–40 minutes to make the reduced Pizza Sauce)

Makes 2 cups tomato sauce for pasta / $\frac{1}{4}$ cups tomato sauce for pizza

- 1 small onion, cut into 1-inch pieces**
- $\frac{3}{4}$ teaspoon extra virgin olive oil**
- 3 garlic cloves**
- $\frac{1}{2}$ teaspoon dried oregano**
- 1 can (19 ounces) plum tomatoes, with juices**
- 6–8 large basil leaves**
- 2 tablespoons dry white wine or vermouth**
- $\frac{1}{8}$ teaspoon kosher salt**
- $\frac{1}{8}$ teaspoon freshly ground black pepper**
- $\frac{1}{4}$ – $\frac{1}{2}$ teaspoon red pepper flakes (optional, to taste, for a spicier sauce)**

1. Insert the metal blade. Pulse to chop the onion, 10 times.

2. Heat the olive oil over medium heat in a 2-quart saucepan. Add the onion, garlic, and oregano. Cook, stirring for 2 to 3 minutes, until the onions begin to soften and the oregano becomes fragrant. Add the canned tomatoes with their juices, basil, wine and salt. Bring to a boil, then reduce the heat to low, cover loosely and simmer for 50 to 60 minutes. Turn off the heat and let cool in the pan for 10 minutes. Stir in the black pepper and optional red pepper flakes.

3. Using the metal blade, pulse the sauce 15 times for a rustic, chunky sauce, or process on HI for 2 minutes for a smooth sauce. The sauce is now ready to use for pasta.

4. If you want a sauce for pizza, return the sauce to the pan. Simmer, uncovered, over low heat, for 30 to 40 minutes to reduce, stirring.

5. Transfer the reduced sauce to a bowl to cool before using as a pizza topping.

Nutritional information per $\frac{1}{2}$ -cup serving:

Calories 55 (19% from fat) • carb. 89g • pro. 2g • fat 1g
• sat. fat 0g • chol. 0mg • sod. 339mg • fiber 2g

Pesto, Cheese & Fresh Tomato Pizza

Homemade pesto and fresh, ripe tomatoes make this a great summertime pizza.

Preparation: 1 hour for the pizza dough; then 20 minutes plus 12 minutes to bake

Makes one 14-inch pizza or two 9-inch pizzas, to serve 4

- 1** recipe Pizza Dough (page 12)
- ½** ounce Parmesan, cut into ½-inch cubes
- 2** ounces fresh mozzarella, very well chilled
- 1½** ounces Fontina cheese, very well chilled
- ½** pound firm but ripe plum tomatoes
- 3** tablespoons pesto (page 9)
- 1** teaspoon extra virgin olive oil
- cornmeal for dusting the peel or pan

1. Prepare the pizza dough and let rise. Position the top rack of the oven about 8 inches from the top. If using a baking stone, place it on the rack. Preheat the oven to 500°F.

2. Insert the metal blade. With the machine running, drop the Parmesan through the feed tube. Process 15 seconds; leave in bowl. Insert the thick shredding disc. Use medium pressure to shred the mozzarella and Fontina. Transfer the cheeses to a bowl; toss to combine and reserve.

3. Insert the thick slicing disc. One at a time, place the tomatoes in the feed tube. Use light to medium pressure to slice. Reserve.

4. When the dough has risen, punch down; use as is or divide into 2 equal balls. Let rest 10 minutes. Roll the dough out to size. Place on a baker's peel that has been sprinkled with cornmeal, or on a perforated pizza pan, a pizza screen or baking sheet without sides that has been sprinkled with cornmeal. Brush the edges with the olive oil, then using an offset spatula, spread the pizza to within ¾-inch of the edges with the pesto, using 3 tablespoons on the 14-inch pizza or 1½ tablespoons on each 9-inch pizza. Sprinkle the pizza(s) with the shredded cheeses. Top with the sliced tomatoes.

5. Carefully slide the pizza onto the stone (position the peel over the back edge of the stone, and use a rocking motion to shake and slide the pizza off the peel onto the stone), or place the pan in the hot oven. Bake the pizza for 5 minutes, then rotate it front to back for even baking. Bake for another 3 to 6 minutes,

until the pizza is bubbly and the edges of the dough are golden brown, puffed and crispy. Remove from the oven and let rest on a rack for 2 to 3 minutes before slicing.

Nutritional information per serving:
Calories 177 (from fat 39%) • carb. 20g • pro. 7g • fat 8g
• sat. fat 3g • chol. 12mg • sod. 331mg • fiber 1g

Asian Slaw with Peanut Dressing

Add cooked pasta and turn this salad into a meal.

Preparation: 10 minutes plus 30 minutes resting time for the dressing; 10–15 minutes for the vegetables

Makes 6 cups

Peanut Dressing (makes ¾ cup):

- ¼** cup toasted unsalted peanuts
- 1** garlic clove
- 4** slices of fresh ginger, peeled, each about the size of a quarter
- 3** tablespoons peanut butter (smooth or chunky)
- 2½** teaspoons granulated sugar
- ⅓** cup rice vinegar
- 1½** tablespoons hoisin sauce
- 1¼** teaspoons low-sodium tamari or soy sauce
- 2** teaspoons Asian (toasted) sesame oil

Slaw:

- 4–6** red radishes, washed and trimmed
- 1** medium carrot, peeled, cut to fit the feed tube horizontally
- 1** small broccoli spear, washed, florets trimmed and reserved, stem peeled
- 2** green onions, trimmed, cut to fit feed tube
- 1** small red bell pepper, seeded and quartered
- 1** small yellow bell pepper, seeded and quartered
- 6** ounces Napa cabbage, cut to fit feed tube
- 6** ounces bok choy, cut to fit feed tube (include leafy greens if tender)
- 3** ounces snow peas or sugar snap peas, trimmed and strings removed

1. Insert the metal blade. Pulse to chop the peanuts, about 10 times. Remove and reserve.

2. Prepare the dressing: with the machine running on HI, drop the garlic and ginger through the feed tube to chop, about 5 seconds. Scrape the work bowl; process 5 seconds longer. Add the peanut butter, sugar, rice vinegar, sugar, hoisin sauce and tamari/soy sauce. Process on HI, until smooth about 10 seconds. Scrape down the sides of the work bowl. With the machine running, add the sesame oil in a steady stream through the feed tube; process on HI until emulsified, about 10 to 15 seconds. Remove and reserve.

3. The dressing may be made several days ahead. Cover well and refrigerate. Let sit for 30 minutes at room temperature before using.

4. Prepare the slaw. Clean the work bowl. Insert the thick shredding disc. Arrange the radishes in the feed tube, cut side down. Use medium pressure to shred. Arrange the carrot horizontally in the feed tube. Use medium pressure to shred. Insert the trimmed and peeled broccoli stem in the small feed tube; use medium pressure to shred. Transfer the shredded vegetables and reserved broccoli florets to a large bowl.

5. Insert the thick slicing disc. Arrange the green onions in the small feed tube. Use light pressure to slice. Arrange the peppers in the large feed tube, cut side down; use medium pressure to slice. Arrange the Napa cabbage in the feed tube, cut side down. Use medium pressure to slice. Arrange the bok choy in the feed tube; use medium pressure to slice. Transfer the sliced vegetables to the bowl with the other vegetables. Add the snow peas and toss the vegetables to combine.

6. Pour the dressing over the vegetables and toss to coat well. Garnish with reserved chopped peanuts.

Note: You may turn this into an Asian pasta salad by doubling the dressing ingredients and adding cooked pasta (6 ounces dry, cooked according to package directions).

Nutritional information of serving:

Calories 125 (45% from fat) • carb. 18g • pro. 6g • fat 9g
• sat. fat 1g • chol. 0mg • sod. 534mg • fiber 3g

Sesame Dinner Rolls

Fresh from the oven, warm rolls make any dinner extra-special.

Makes 16 rolls

- 1/2 cup plus 2 tablespoons fat-free evaporated milk**
- 1 package (2¼ teaspoons) active dry yeast**
- 1½ tablespoons granulated sugar**
- 1 large egg, beaten**
- 2¾ cups unbleached, all-purpose flour**
- 6 tablespoons unsalted butter, room temperature and in 1-inch pieces**
- 1 teaspoon sea or kosher salt**
- 1 nonstick cooking spray**
- 1 large egg**
- 1 teaspoon water**
- 1 teaspoon sesame seeds**

1. In a small saucepan over medium heat, warm milk to 110–115°F. Remove from heat. Add yeast and sugar; stir to dissolve and let sit until foamy, about 5 minutes. Add beaten egg; stir gently to combine. Transfer to a liquid measuring cup and reserve.

2. Insert metal blade. Process flour on LO with butter and salt until combined, about 15 to 20 seconds. With the machine running on LO, gradually pour in the yeast mixture through the small feed tube. Add it in a steady stream only as fast as the flour can absorb it. After the dough forms a ball, process 45–50 seconds to knead. Place in a large plastic food storage bag and seal top. Let rise until doubled in size, about 1 to 1½ hours.

3. Lightly coat an 8-or-9 inch round baking pan with nonstick cooking spray. Place dough on a lightly floured surface and punch down. Divide dough into 16 equal pieces and shape each piece into a ball. Place balls into the pan so they are just touching each other. Cover with plastic wrap coated with cooking spray and let rise 1 hour. Preheat oven to 350°F 15 minutes before baking.

4. Combine the egg and water. Brush over rolls and sprinkle with sesame seeds. Bake in preheated oven until golden, about 35–40 minutes. Cool on wire rack.

Nutritional information per roll:

Calories 129 (33% from fat) carb. 18g • pro. 4g • fat 5g
• sat. fat 3g • chol. 35mg • sod. 154mg
• calc. 27mg • fiber 1g

Pizza Dough

Pizzas are so simple to make with a Cuisinart® Food Processor that you can throw away the delivery menu!

Makes $\frac{3}{4}$ pound dough to make two 9-inch crusts, or one 14-inch crust

- 1 packet (2¼ teaspoons) active dry yeast
- 1 teaspoon granulated sugar
- $\frac{3}{4}$ cup warm water (105°–115°F)
- $\frac{1}{2}$ cups unbleached, all-purpose flour or bread flour
- 1 teaspoon extra virgin olive oil, plus more for coating ball of dough
- $\frac{3}{4}$ teaspoon kosher salt

1. In a medium liquid measuring cup dissolve yeast and sugar in warm water. Let stand until foamy, about 3 to 5 minutes. Insert metal blade in work bowl and add flour, olive oil and salt. Add cold water to yeast mixture. With machine running, on LO pour liquid through feed tube as fast as flour absorbs it. Process until dough cleans sides of work bowl and forms a ball. Then process for 30 seconds to knead dough. Dough may be slightly sticky. Coat the dough lightly with olive oil, place in a plastic food storage bag and seal the top. Let rise in a warm place for about 45 minutes.

2. Place dough on a lightly floured surface and punch down. Roll into desired crust size(s) and follow pizza recipe.

Nutritional information per serving (based on 8 servings):
Calories 103 (6% from fat) • carb. 21g • pro. 6g • fat 1g
• sat. fat 0g • chol. 0mg • sod. 219mg • fiber 1g

Basic Cheesecake

Creamy, smooth and simple to prepare.
Top with fresh fruit for a special dessert.

Preparation: 10 to 15 minutes active time, plus 1½ hours baking and cooling time (minimum 8 hours)

Makes 6 servings

Crust:

- 3 honey graham crackers, broken into pieces
- 1 tablespoon granulated sugar
- 1 tablespoon unsalted butter

Filling:

- 1 pound (two 8-ounce packages) low fat cream cheese, room temperature

- $\frac{1}{2}$ cup granulated sugar
- 1 tablespoon pure vanilla extract
- 2 large eggs, room temperature

1. Preheat the oven to 325°F. Wrap the bottom and sides of a 7 x 3-inch springform pan in aluminum foil. It should come up to the top of the pan.

2. Prepare the crust. Insert the metal blade. Process the graham crackers on HI until they are fine crumbs; add the tablespoon of sugar and the butter through the feed tube and process until the butter can no longer be seen. Press into the bottom of the prepared pan. Reserve.

3. Wipe out the work bowl with a paper towel. Insert the metal blade. Process the cream cheese on HI until smooth, about 20 to 30 seconds. Add the sugar and vanilla through the feed tube and process until smooth, about 30 seconds. Scrape down the sides of the work bowl. With the machine running on HI, add the eggs, one at a time. Process 10 seconds after each addition. Do not over-process.

4. Carefully pour the cream cheese mixture into the prepared pan. Place in a roasting pan, and set on the rack of the oven. Carefully add hot water to the roasting pan until it reaches halfway up the sides of the springform pan. (This is called a water bath or bain marie.) Bake the cheesecake in the preheated oven for 60 minutes. The cheesecake will still look jiggly in the center. (Do not worry – it will firm up as it cools.) Remove the cheesecake from the bain marie, remove the foil, and place on a rack. Cool completely on a rack, then cover and refrigerate for at least 8 hours.

5. The cheesecake is best made a day ahead. Garnish with fresh fruit if desired.

Nutritional information per serving:

Calories 317 (49% from fat) • carb. 30g • pro. 11g
• fat 17g • sat. fat 10g • chol. 103mg • sod. 500mg
• fiber 0g

Carrot Cake with White Chocolate-Cream Cheese Frosting

Wonderful as a 2-layer cake, but try it as a single layer cake, freezing the second layer for another time.

Preparation: 20 to 25 minutes, plus 2 hours to bake and cool; 30 minutes to prepare frosting and assemble the cake

Makes 8 servings

Cake:

nonstick cooking spray
¾ pound carrots, peeled
1½ cups unbleached, all-purpose flour
1 teaspoon baking powder
¼ teaspoon baking soda
½ teaspoon kosher salt
1 teaspoon ground cinnamon
¾ teaspoon ground ginger
¼ teaspoon ground nutmeg
1 cup packed light brown sugar
¼ cup vegetable oil
2 large eggs, room temperature
1½ teaspoons pure vanilla extract
¾ cup pecans or walnuts, lightly toasted
½ cup golden raisins
¾ cup well-drained pineapple chunks

Frosting:

12 ounces (1½ 8-ounce packages) low fat cream cheese
4 ounces white chocolate, roughly chopped
16 toasted pecan or walnut halves, for garnish

1. Preheat oven to 350°F. Spray two 8 x 2-inch round cake pans with cooking spray; line the bottom with a round of parchment paper and spray again. Reserve.

2. Insert the thick shredding disc; use medium pressure to shred the carrots. Divide carrots in half. Steam half the carrots until tender, about 6 to 8 minutes. Reserve the remaining raw carrots.

3. Insert the metal blade. Pulse the flour, baking powder, baking soda, salt, cinnamon, ginger and nutmeg to sift. Remove and reserve.

4. Process the steamed carrots on HI until smooth, 10 to 15 seconds. Add the brown sugar and oil; process until smooth, 10 seconds. Add the eggs one at a time, processing on HI, 10 seconds after each addition. Add the vanilla; process on HI to combine, 5 seconds; scrape the bottom and sides of the work bowl. Add the flour mixture; pulse to incorporate, about 10 times. Add the ¾ cup of pecans, raisins and pineapple. Pulse until just combined.

5. Divide the batter evenly between the two prepared pans. Bake in the preheated oven for 30 to 35 minutes, until a cake tester comes out clean when inserted in the center. Cool in the

pans for 10 minutes, then invert onto a wire cooling rack and remove the parchment paper. Cool completely before frosting. This cake is actually better when made a day ahead. The layers may also be well wrapped and frozen.

6. While cakes are baking, prepare the frosting. Clean out the work bowl and metal blade. Put the metal blade back into the clean work bowl. Process the cream cheese on HI until smooth. In a double boiler over hot water, carefully melt the white chocolate. Cool slightly. With the machine running on HI, pour the melted chocolate down the feed tube and process until smooth. This will make enough frosting to frost the layers and sides of the carrot cake. Use an offset spatula to frost the cake. Garnish with pecan/walnut halves.

Nutritional information per serving:

Calories 610 (45% from fat) • carb. 75g • pro. 11g • fat 31g
• sat. fat 10g • chol. 73mg • sod. 444mg • fiber 4g

Basic Flaky Pastry Dough

This recipe makes ample crust for a 9 to 11-inch regular or deep-dish pie or tart. Leftover pastry may be rolled out and cut into shapes to garnish the pie, or brushed with milk, sprinkled with sugar or cinnamon and sugar, and baked until lightly browned.

Preparation: 5 to 10 minutes, plus 30 minutes to rest

For a single crust pie or tart:

1½ cups unbleached, all-purpose flour
¼ teaspoon kosher salt
¼ teaspoon baking powder
8 tablespoons unsalted butter, cut into ½-inch pieces, well chilled
2 tablespoons vegetable shortening (preferably non-hydrogenated), cut into ½-inch pieces, well chilled
2–4 tablespoons ice water

For a single crust pie with a lattice top:

2½ cups unbleached, all-purpose flour
½ teaspoon kosher salt
¼ teaspoon baking powder
12 tablespoons unsalted butter, cut into ½-inch pieces, well chilled
2 tablespoons vegetable shortening, cut into ½-inch pieces, well chilled
4–6 tablespoons ice water

1. Insert the metal blade. Process the flour, salt and baking powder on LO to sift, 10 seconds.

Add the well-chilled butter and shortening. Use short rapid pulses until the mixture resembles coarse cornmeal and no pieces of butter larger than a pea remain visible, 15 to 20 pulses. Sprinkle half the maximum ice water on the flour and butter mixture, then pulse 5 or 6 times. The dough will be crumbly, but should begin to hold together when a small amount is picked up and pressed together. Sprinkle on more water, a teaspoon (two for the two-crust recipe) at a time, with 2 to 3 quick pulses after each addition, adding just enough water for the dough to hold together easily when pressed into a ball. Add the liquid sparingly so that the dough is not sticky. Do not over-process or the pastry will be tough, not tender and flaky.

2. Turn the dough out onto a lightly floured surface. Press together into a ball, then flatten into a disc about 6 inches in diameter (two discs for the two-crust recipe). Wrap in plastic wrap and refrigerate for 1 hour before continuing to allow the gluten in the flour to rest. The dough will keep refrigerated for up to 3 days, or may be frozen (double-wrapped) for up to a month. Thaw at room temperature for an hour before using.

Note: To bake the pastry blind for a single crust filled pie or tart, roll out pastry $\frac{1}{8}$ -inch thick to fit pan; crimp and seal edges. Prick bottom all over with a fork. Chill for 30 minutes. Preheat the oven to 400°F. Line with a sheet of aluminum foil or parchment paper and fill with pie weights, dry rice or beans. Bake for 15 minutes.

Nutritional information size of serving
(single crust, based on 12 servings):

Calories 143 (62% from fat) • carb. 12g • pro. 2g • fat 10g
• sat. fat 5g • chol. 21mg • sod. 55mg • fiber 0g

Deep Dish Pear and Apple Pie

Pears and apples combine to make a delightful taste combination. You may also choose to use all pears or all apples.

Preparation: 15 to 20 minutes (plus time to prepare pastry crust), 2 to 3 hours to bake and cool

Makes a 10-inch deep dish pie (12 servings)

- 1 recipe for Basic Flaky Pastry Dough, single crust with lattice top (page 13)
- 3 ripe but firm pears (about $1\frac{1}{2}$ pounds), peeled, cored and quartered
- 3 juice of 1 large lemon, divided
- 3 Granny Smith apples (about $1\frac{1}{2}$ pounds), peeled, cored and quartered
- $\frac{1}{4}$ cup real maple syrup

- $1\frac{1}{2}$ teaspoons pure vanilla extract
- 4 tablespoons unbleached, all-purpose flour
- $\frac{3}{4}$ cup dried cranberries (or dried tart cherries, dried blueberries, or raisins)
- egg wash (1 egg, 1 tablespoon water, pinch salt)

1. Preheat oven to 400°F.
2. Roll out half the pastry to fit a 10-inch deep-dish pie plate, leaving a $\frac{1}{2}$ -inch overhang. Refrigerate until ready to use.
3. Insert the thick slicing disc. Arrange the pear quarters in the feed tube. Use medium pressure to slice. Repeat until all the pears are sliced. Transfer to a bowl and toss gently with 1 tablespoon of the lemon juice. Reserve.
4. Arrange the apple quarters in the feed tube. Use medium pressure to slice. Transfer to a bowl and toss with 1 tablespoon of the lemon juice. Reserve.
5. Insert the metal blade. Process the remaining lemon juice, maple syrup and vanilla on HI to combine. Layer half the apples in the prepared piecrust; sprinkle with 1 tablespoon of the flour and 3 tablespoons of the dried cranberries. Top this with a layer of half the pears sprinkled with 1 tablespoon of the flour and 3 tablespoons of the dried cranberries. Repeat both layers. Drizzle the maple syrup mixture evenly over the top of the fruit.
6. Roll out the remaining dough into a 10-inch disc on a piece of parchment paper. Cut into $\frac{1}{4}$ - $\frac{1}{2}$ -inch strips. Brush the outer rim of the tart shell with the egg wash. Weave the strips into a lattice-work design over the apples. Brush lattice with additional egg wash. Press gently along the edges to seal. Trim the edges if necessary.

7. If desired, roll out some of the leftover dough and cut with small decorative cookie cutters. For this pie, you could use pears, apples and leaves. Brush the bottoms of the shapes with a little water and lay atop the crust in a decorative fashion.

8. Bake the pie in the bottom third of the preheated oven for 45 to 60 minutes, covering the edges with foil if they begin to get too browned after about 35 to 40 minutes. Let the pie rest on a cooling rack at least an hour before serving.

Nutritional information per serving:

Calories 366 (48% from fat) • carb. 44g • pro. 4g • fat 20g
• sat. fat 11g • chol. 41mg • sod. 112mg • fiber 4g

WARRANTY

Limited One-Year Warranty

This warranty is available to consumers only. You are a consumer if you own a Cuisinart® Food Prep Series 8-Cup Food Processor that was purchased at retail for personal, family or household use. Except as otherwise required under applicable law, this warranty is not available to retailers or other commercial purchasers or owners. We warrant that your Cuisinart® Food Prep Series 8-Cup Food Processor will be free of defects in materials and workmanship under normal home use for one year from the date of original purchase.

We recommend that you visit our website, www.cuisinart.com for a fast, efficient way to complete your product registration. However, product registration does not eliminate the need for the consumer to maintain the original proof of purchase in order to obtain the warranty benefits. In the event that you do not have proof of purchase date, the purchase date for purposes of this warranty will be the date of manufacture.

CALIFORNIA RESIDENTS ONLY

California law provides that for In-Warranty Service, California residents have the option of returning a nonconforming product (A) to the store where it was purchased or (B) to another retail store that sells Cuisinart products of the same type. The retail store shall then, according to its preference, either repair the product, refer the consumer to an independent repair facility, replace the product, or refund the purchase price less the amount directly attributable to the consumer's prior usage of the product. If neither of the above two options results in the appropriate relief to the consumer, the consumer may then take the product to an independent repair facility, if service or repair can be economically accomplished. Cuisinart and not the consumer will be responsible for the reasonable cost of such service, repair, replacement, or refund for nonconforming products under warranty. California residents may also, according to their preference, return nonconforming products directly to Cuisinart for repair or, if necessary, replacement by calling our Consumer Service Center toll-free at 1-800-726-0190. Cuisinart will be responsible for the cost of the repair, replacement, and shipping and handling for such nonconforming products under warranty.

BEFORE RETURNING YOUR CUISINART PRODUCT

If your Cuisinart® Food Prep Series 8-Cup Food Processor should prove to be defective within the warranty period, we will repair or, if we think necessary, replace it. To obtain warranty service, please call our Consumer Service Center toll-

free at 1-800-726-0190 or write to: Cuisinart, 7811 North Glen Harbor Blvd., Glendale, AZ 85307. To facilitate the speed and accuracy of your return, enclose \$10.00 for shipping and handling. (California residents need only supply a proof of purchase and should call 1-800-726-0190 for shipping instructions.) Please be sure to include your return address, description of the product's defect, product serial number, and any other information pertinent to the return. Please pay by check or money order. **NOTE:** For added protection and secure handling of any Cuisinart product that is being returned, we recommend you use a traceable, insured delivery service. Cuisinart cannot be held responsible for in-transit damage or for packages that are not delivered to us. Lost and/or damaged products are not covered under warranty.

Your Cuisinart® Food Prep Series 8-Cup Food Processor has been manufactured to the strictest specifications and has been designed for use only in 120 volt outlets and only with authorized accessories and replacement parts. This warranty expressly excludes any defects or damages caused by attempted use of this unit with a converter, as well as use with accessories, replacement parts or repair service other than those authorized by Cuisinart. This warranty does not cover any damage caused by accident, misuse, shipment or other than ordinary household use. This warranty excludes all incidental or consequential damages. Some states do not allow the exclusion or limitation of these damages, so these exclusions may not apply to you. You may also have other rights, which vary from state to state.

Important: If the nonconforming product is to be serviced by someone other than Cuisinart's Authorized Service Center, please remind the servicer to call our Consumer Service Center at 1-800-726-0190 to ensure that the problem is properly diagnosed, the product is serviced with the correct parts, and to ensure that the product is still under warranty.

Cuisinart®

SAVOR THE GOOD LIFE®



Coffeemakers



Blenders



Juicers



Cookware



Tools and
Gadgets

Cuisinart offers an extensive assortment of top quality products to make life in the kitchen easier than ever. Try some of our other countertop appliances, cookware, tools and gadgets.

www.cuisinart.com

©2012 Cuisinart
150 Milford Road
East Windsor, NJ 08520
Printed in China

Any trademark or service mark of third parties used herein is the trademark or service mark of its respective owners.

12CE129026

G IB-11316

Version no : IB-11316

Fold Size: 216X140MM Saddle Stitched 16 pp

Material (Cover): 157gsm matt artpaper

(Inside): 120gsm gloss artpaper

Coating: Gloss Varnishing in cover

Color (Cover): 4C(CMYK)+1C(BK)

(Inside): 1C(BK)+1C(BK)

Date: APR-06-2012

Co-ordinator: Sophie Liu

Hugo Description

PDF version : DLC6 IB-11316 (1,0) BOOK

Hugo Code : CEM0424IB-1-1

Operator : Kin

Color Series: Non

Remark: Quality request (1)

