1. Press the release button on the cover of the unit and lift up to open. Carefully grasp the plastic hub of the steam blade and insert into the bowl. Press down firmly to lock.

2. Remove the measuring cup from the steam/bottle warming chamber and fill with water to the marked position that coincides with the amount of food being steamed. Pour the water into the steam/bottle warming chamber and place the measuring cup back into the chamber. **NOTE: Measuring cup must be replaced before steaming for the unit to work properly.**

See chart on pages 11-13 of the Instruction Booklet for exact water amounts.

3. Add ingredients to the work bowl and place the bowl lid on top of the bowl, pushing down to seal. Align the lid handle with the bowl handle. Lower the cover and press down firmly to lock. Turn the dial to STEAM and the LED light will illuminate to indicate that steaming has begun. The unit and LED light will shut off automatically once steaming is complete. Turn the dial to the OFF position. **Always check the temperature of food before feeding baby.**

**NOTE: Never open the cover during food steaming.**
Chopping/Pureéing

1. Once the steaming cycle is complete open the cover and the lid to make sure the food is tender enough to process.

Caution: Unit cover and lid will be hot after steaming. Be careful when opening.

2. Make sure to check the water content of your food before chopping or puréeing. Any leftover liquid can be used to increase the nutritional content and/or achieve the desired consistency. Replace the lid and lower the cover. Press down firmly to lock the unit.

3. Turn the dial to the CHOP function. Hold in that position for faster continuous puréeing or pulse for more control or thicker consistency.

Always check the temperature of food before feeding baby.
1. Lift the cover of the unit and remove the measuring cup from the steam/bottle warming chamber. **It is important that you make sure there is no water in chamber.**

   To empty the unit of excess water open the cover and remove the measuring cup from the steam/bottle warming chamber. Tilt the unit onto its left side over the sink and any extra water will come out.

2. Use the bottle warming side of the measuring cup and fill it with water to the marked position that coincides with the amount of milk being warmed using the chart below. Place the bottle in the steam/bottle warming chamber and turn the dial to STEAM and the LED light will illuminate. When warming a narrow bottle, the adapter ring should be used. **(Do not use the adapter ring with glass bottles.)**

   The unit and the LED light will shut off automatically once bottle warming is complete. Turn the dial to the OFF position.

3. **Adapter Ring**

   Place the adapter ring over the bottle. Turn the dial to STEAM. The unit will shut off automatically once bottle warming is complete.

4. Let the bottle sit for 15 to 30 seconds before removing the bottle from the unit. Shake the bottle to distribute the heated contents before checking the temperature.

   **Always test the temperature of the food before serving to baby.**

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### Bottle Warming Guide

<table>
<thead>
<tr>
<th>Bottle Capacity</th>
<th>Cool Bottle (refrigerator)</th>
<th>Warm Bottle (room temperature)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>5°C/40°F</td>
<td>20°C/70°F</td>
</tr>
<tr>
<td>4 oz</td>
<td>12 ml</td>
<td>8 ml</td>
</tr>
<tr>
<td>9 oz</td>
<td>12 ml</td>
<td>8 ml</td>
</tr>
</tbody>
</table>

**Safety Note:** Due to the safety features of this product, the boiler area has to cool down before it can be used again. When doing consecutive cycles of bottle warming, to speed up the boiler cooling process, pour **20 oz.** of cold water in the steam/bottle warming chamber and allow to sit for **two minutes.** When time is up, tilt the unit onto its left side over the sink and empty.
Cleaning and Maintenance

Cleaning Accessories and Motor Base

- Rinse the work bowl, bowl lid and blade immediately after each use so food won’t dry on them. All can be washed with warm soapy water or on the top rack of the dishwasher.
- Avoid leaving blade in soapy water where it may disappear from sight. Wash the blade carefully.
- Wipe the motor base clean with a damp sponge or cloth. Dry it immediately. Never submerge the motor base or the plug in water or other liquids.

Decalcification

- Decalcification refers to the removal of calcium deposits that form over time. These deposits can cause damage to the machine. To avoid buildup of calcium, the unit should be decalcified once a month.
- To decalcify, pour a mixture of 100ml of water and 100 ml of white (distilled) vinegar into the steam/bottle warming chamber. Leave for the night and then empty the next morning.

Troubleshooting

Q: Why won’t steaming start when I turn the unit on?  
A: Check that the plug is securely inserted into the outlet.  
A: The steam/bottle warming chamber may be empty. Add water to the steam chamber.  
A: Cover is not closed completely. Press the release button on the cover to open and then lower the cover again; press down firmly to lock the unit.

Q: Why is steam coming out the back of the unit?  
A: This may happen if the lid isn’t down tight enough. Turn the unit to the OFF position and lift the cover. Press down firmly on the bowl lid to ensure it is completely in place.  
A: The hole on top of the steam blade may be blocked by food. Carefully remove the blade from the bowl using the hub and rinse it thoroughly. Check the opening on the top for any blockage, then put it back into the bowl.

Q: How do I empty the unit of excess water?  
A: To empty the unit of excess water, open the cover and remove the measuring cup from the steam/bottle warming chamber. Tilt the unit onto its left side over the sink and any extra water will come out.

Q: Why won’t the motor start/blade won’t rotate?  
A: Check that the plug is securely inserted into the outlet.  
A: Cover is not closed completely. Press the release button on the cover to open and then lower the cover again; press down firmly to lock the unit.

Q: Why is the food unevenly chopped?  
A: Either you are chopping too much food at one time, or the pieces are not small enough. Try cutting food into smaller pieces of even size and processing a smaller amount per batch.

Q: Why did the unit stop during steaming?  
A: The steam/bottle warming chamber may be empty. Add more water to the steam chamber.

*For more troubleshooting refer to page 9 in the Instruction Booklet.

IMPORTANT


These helpful hints are intended to be a supplement to the Instruction Booklet. In order to ensure safe operation and optimum performance, please read the entire Instruction Booklet.

For more helpful hints see Instruction Booklet